

Scottish Borders – Secondary Schools

HEALTH & WELLBEING CENSUS DATA

MARCH 2022



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1. Secondary School Health and Wellbeing 2022 - Context Scottish Borders

This section provides a context for the Health and Wellbeing 2022 results, showing the base percentage representation by attribute.

Responses by Stage and School

% Pupils by Stage

Overall 60% of the Scottish Borders secondary school pupils responded to the Health and Wellbeing census in 2022. It is noticeable that the proportion of pupils responding to the census decreases between S1 and S6.

Stage	F	M	Grand Total
S1	74%	75%	74%
S2	69%	67%	68%
S3	69%	65%	67%
S4	55%	55%	55%
S5	49%	46%	48%
S6	39%	34%	36%
Grand Total	61%	59%	60%

% Pupils by Secondary School

The proportion of responses by school ranges from Earlston High School (68%) compared Galashiels Academy (44%).

School	F	M	Grand Total
Berwickshire High School	65%	58%	62%
Earlston High School	71%	64%	68%
Eyemouth High School	50%	52%	51%
Galashiels Academy	48%	40%	44%
Hawick High School	58%	54%	56%
Jedburgh Grammar Campus - Secondary	64%	66%	65%
Kelso High School	60%	65%	62%
Peebles High School	65%	66%	65%
Selkirk High School	62%	68%	65%
Grand Total	61%	59%	60%

% Pupils by School and Stage

The tables below show the number of response from each school and each stage and what proportion of all pupils responded to the surveys.

School Name	Stage	Count of Responses			Responses as % of Pupils		
		F	M	Grand Total	F	M	Grand Total
Berwickshire High School	S1	39	25	64	70%	52%	62%
	S2	30	33	63	61%	53%	57%
	S3	43	34	77	64%	59%	62%
	S4	44	38	82	71%	67%	69%
	S5	27	29	56	60%	50%	54%
S6	26	24	50	62%	75%	68%	
Berwickshire High School Total		209	183	392	65%	58%	62%
Earlston High School	S1	75	88	163	76%	81%	79%
	S2	91	65	156	76%	79%	77%
	S3	77	81	158	81%	76%	79%
	S4	53	61	114	60%	59%	59%
	S5	51	49	100	72%	60%	65%
S6	56	22	78	62%	25%	44%	
Earlston High School Total		403	366	769	71%	64%	68%
Eyemouth High School	S1	37	31	68	80%	74%	77%
	S2	37	32	69	76%	64%	70%
	S3	41	25	66	69%	61%	66%
	S4	10	15	25	20%	32%	26%
	S5	6	11	17	17%	32%	25%
S6	2	11	13	7%	44%	25%	
Eyemouth High School Total		133	125	258	50%	52%	51%
Galashiels Academy	S1	51	60	111	64%	63%	63%
	S2	67	59	126	71%	66%	68%
	S3	48	38	86	69%	48%	57%
	S4	12	14	26	18%	18%	18%
	S5	12	12	24	24%	17%	20%
S6	0	0	0	0%	0%	0%	
Galashiels Academy Total		190	183	373	48%	40%	44%
Hawick High School	S1	62	61	123	75%	73%	74%
	S2	31	35	66	42%	54%	47%
	S3	43	43	86	50%	56%	53%
	S4	48	28	76	67%	38%	52%
	S5	30	26	56	58%	49%	53%
S6	25	17	42	53%	46%	50%	
Hawick High School Total		239	210	449	58%	54%	56%
Jedburgh Grammar Campus - Secondary	S1	34	24	58	81%	80%	81%
	S2	18	19	37	55%	53%	54%
	S3	24	29	53	75%	81%	78%
	S4	16	28	44	53%	72%	64%
	S5	17	7	24	46%	32%	41%
S6	12	9	21	80%	64%	72%	
Jedburgh Grammar Campus - Secondary Total		121	116	237	64%	66%	65%
Kelso High School	S1	36	46	82	73%	82%	78%
	S2	35	39	74	76%	72%	74%
	S3	40	29	69	63%	57%	61%
	S4	33	42	75	61%	74%	68%
	S5	27	21	48	59%	46%	52%
S6	12	10	22	24%	43%	31%	
Kelso High School Total		183	187	370	60%	65%	62%
Peebles High School	S1	90	106	196	79%	80%	80%
	S2	100	91	191	78%	74%	76%
	S3	96	91	187	76%	72%	74%
	S4	77	88	165	69%	65%	67%
	S5	46	68	114	46%	62%	54%
S6	23	27	50	27%	29%	28%	
Peebles High School Total		432	471	903	65%	66%	65%
Selkirk High School	S1	22	30	52	69%	81%	75%
	S2	22	39	61	69%	80%	75%
	S3	37	29	66	76%	71%	73%
	S4	27	37	64	64%	80%	73%
	S5	19	10	29	50%	36%	44%
S6	4	6	10	22%	27%	25%	
Selkirk High School Total		131	151	282	62%	68%	65%
Grand Total		2041	1992	4033	61%	59%	60%

Representation of Survey Responses by Factors

Overall 60% of the Scottish Borders secondary school pupils responded to the Health and Wellbeing Surveys. The tables below show the number of pupil and response for each factor and the percentage of responses of all pupils.

Clothing Grant

Proportionally fewer pupils who receive clothing grant (46%) are respondents compared to those who do not receive clothing grant (63%).

Clothing Grant	Pupils	Responses	% Responses of Pupils
No	5672	3552	63%
Yes	1040	481	46%

Children Looked After

Proportionally fewer pupils who are 'Children Looked After' (35%) are respondents compared to those pupils who are not (61%).

Children Looked After	Pupils	Responses	% Responses of Pupils
No	6536	3972	61%
Yes	176	61	35%

Free School Meals

Proportional fewer pupils who receive free school meals (44%) responded to the surveys compared to those pupils who do not (63%).

Free School Meals	Pupils	Responses	% Responses of Pupils
No	5845	3654	63%
Yes	867	379	44%

Level of English

This table shows the proportion of responses to the Health and Wellbeing survey based on the pupils' level of English.

Level of English	Pupils	Responses	% Responses of Pupils
Competent	137	78	57%
Developing Competence	44	22	50%
Early Acquisition	10	1	10%
First-Language	6407	3868	60%
Fluent	100	59	59%
Limited communication	2	1	50%
New to English	8	3	38%

Disabled Status

Proportional fewer pupils who have a disabled status (40%) compared to those pupils who do not (60%).

Disabled Status	Pupils	Responses	% Responses of Pupils
No	6621	3997	60%
Yes	91	36	40%

Additional Support Need Status

Proportional fewer pupils who have an additional support needs status (51%) compared to those pupils who do not (66%).

Additional Support Need Status	Pupils	Responses	% Responses of Pupils
No	4071	2699	66%
Yes	2641	1334	51%

Scottish Index of Multiple Deprivation 2020 – Decile

This table shows the number and proportion of responses for each of the SIMD2020 Decile. It is interesting to note that pupils in SIMD2020 deciles 7 to 10 were more likely to respond compared to those living in SIMD2020 decile 1 to 3.

SIMD 2020 Decile	Pupils	Responses	% Responses of Pupils
D01 - Most Deprived 10%	146	60	41%
D02	287	139	48%
D03	170	79	46%
D04	654	354	54%
D05	912	514	56%
D06	1412	840	59%
D07	1308	850	65%
D08	958	632	66%
D09	420	284	68%
D10 - Least Deprived 10%	331	215	65%
Not Recorded / Outwith SB	114	66	58%
Grand Total	6712	4033	60%



2. School and Learning

Agreements of School and Learning Statements - Overall

Question	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Q4.1. I enjoy learning new things	18%	60%	18%	3%	1%	1%	4,021
Q4.2. I feel like I have a choice in what I am learning in school	7%	33%	32%	21%	6%	1%	3,990
Q4.3. Getting an education is important to me	46%	43%	8%	1%	0%	1%	4,001
Q4.4. My teachers listen to what I have to say	9%	48%	31%	8%	3%	1%	3,997
Q4.5. I have an adult to talk to at school if I am worried about something	22%	43%	21%	8%	4%	2%	4,009
Q5.1. I feel like my teachers treat me fairly	12%	53%	25%	7%	2%	1%	3,984
Q5.2. My parents (or carers) really care about my education	62%	32%	4%	1%	0%	1%	3,965
Q5.3. I feel confident to speak up in class, ask questions and share my opinion	13%	39%	26%	15%	7%	1%	3,968
Q5.4. Most of the time, I am happy at school	10%	40%	28%	13%	6%	2%	3,976
Q5.5. I feel positive about my future	22%	47%	22%	5%	3%	2%	3,971

The percent who strongly agree / agree are:

- 78% - I enjoy learning new things
- 40% - I feel like I have a choice in what I am learning in school
- 89% - Getting an education is important to me
- 57% - My teachers listen to what I have to say
- 65% - I have an adult to talk to at school if I am worried about something
- 65% - I feel like my teachers treat me fairly
- 94% - My parents (or carers) really care about my education
- 52% - I feel confident to speak up in class, ask questions and share my opinion
- 50% - Most of the time, I am happy at school
- 68% - I feel positive about my future

Agreements of School and Learning Statements – Stages

Q4.1. I enjoy learning new things	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
S1	22%	54%	21%	2%	1%	1%	912
S2	17%	59%	19%	3%	1%	1%	843
S3	14%	64%	19%	3%	1%	0%	847
S4	14%	60%	21%	4%	1%	1%	669
S5	19%	64%	14%	1%	1%	1%	466
S6	25%	64%	11%	0%	0%	0%	284
Grand Total	18%	60%	18%	3%	1%	1%	4,021

Q4.2. I feel like I have a choice in what I am learning in school	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
S1	8%	30%	34%	21%	6%	0%	902
S2	7%	28%	33%	24%	7%	1%	839
S3	7%	35%	32%	20%	5%	1%	839
S4	6%	32%	31%	23%	7%	1%	664
S5	6%	39%	29%	20%	6%	1%	462
S6	10%	42%	24%	18%	6%	0%	284
Grand Total	7%	33%	32%	21%	6%	1%	3,990

Q4.3. Getting an education is important to me	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
S1	51%	38%	8%	1%	1%	1%	907
S2	49%	39%	9%	1%	1%	1%	841
S3	45%	46%	8%	1%	0%	0%	840
S4	39%	47%	11%	2%	0%	1%	662
S5	40%	51%	7%	1%	0%	1%	465
S6	47%	45%	6%	2%	0%	0%	286
Grand Total	46%	43%	8%	1%	0%	1%	4,001

Q4.4. My teachers listen to what I have to say	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
S1	16%	47%	29%	4%	2%	1%	908
S2	9%	49%	31%	7%	3%	2%	838
S3	6%	46%	36%	8%	3%	1%	837
S4	6%	47%	30%	11%	4%	1%	666
S5	6%	48%	33%	9%	2%	1%	463
S6	12%	54%	26%	6%	0%	1%	285
Grand Total	9%	48%	31%	8%	3%	1%	3,997

Q4.5. I have an adult to talk to at school if I am worried about something	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
S1	31%	40%	18%	6%	2%	3%	910
S2	24%	40%	20%	8%	5%	3%	841
S3	20%	44%	23%	8%	5%	1%	845
S4	17%	44%	22%	10%	6%	2%	666
S5	14%	47%	22%	13%	3%	2%	461
S6	19%	45%	25%	9%	2%	0%	286
Grand Total	22%	43%	21%	8%	4%	2%	4,009

Q5.1. I feel like my teachers treat me fairly	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
S1	17%	54%	22%	4%	2%	1%	899
S2	10%	53%	24%	10%	2%	1%	834
S3	10%	49%	30%	8%	3%	1%	841
S4	8%	52%	28%	9%	2%	1%	662
S5	10%	60%	21%	7%	1%	0%	463
S6	18%	53%	20%	7%	1%	0%	285
Grand Total	12%	53%	25%	7%	2%	1%	3,984

Q5.2. My parents (or carers) really care about my education	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
S1	70%	25%	3%	0%	0%	1%	894
S2	65%	29%	4%	0%	0%	1%	831
S3	64%	31%	4%	1%	0%	0%	835
S4	55%	37%	6%	1%	0%	0%	659
S5	53%	38%	8%	1%	0%	1%	462
S6	59%	35%	5%	1%	0%	0%	284
Grand Total	62%	32%	4%	1%	0%	1%	3,965

Q5.3. I feel confident to speak up in class, ask questions and share my opinion	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
S1	14%	39%	26%	13%	7%	2%	897
S2	15%	36%	25%	16%	7%	1%	830
S3	12%	37%	26%	18%	7%	1%	837
S4	10%	41%	27%	14%	7%	1%	657
S5	10%	44%	25%	15%	6%	0%	462
S6	18%	39%	25%	12%	5%	0%	285
Grand Total	13%	39%	26%	15%	7%	1%	3,968

Q5.4. Most of the time, I am happy at school	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
S1	13%	43%	28%	9%	4%	2%	897
S2	10%	41%	26%	12%	7%	3%	834
S3	11%	41%	28%	13%	6%	1%	837
S4	7%	39%	28%	16%	9%	1%	661
S5	6%	37%	29%	21%	6%	1%	462
S6	13%	37%	34%	12%	4%	1%	285
Grand Total	10%	40%	28%	13%	6%	2%	3,976

Q5.5. I feel positive about my future	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
S1	30%	46%	16%	4%	2%	2%	894
S2	24%	47%	18%	5%	3%	2%	833
S3	22%	47%	23%	4%	2%	1%	837
S4	15%	47%	25%	7%	4%	1%	660
S5	12%	46%	29%	9%	3%	1%	462
S6	19%	48%	26%	5%	2%	0%	285
Grand Total	22%	47%	22%	5%	3%	2%	3,971

Agreements of School and Learning Statements – Schools

Q4.1. I enjoy learning new things	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Berwickshire High School Total	17%	65%	16%	2%	1%	0%	391
Earlston High School Total	19%	58%	19%	3%	0%	1%	768
Eyemouth High School Total	18%	58%	18%	4%	2%	1%	257
Galashiels Academy Total	16%	66%	16%	1%	1%	0%	372
Hawick High School Total	14%	59%	23%	3%	1%	1%	448
Jedburgh Grammar Campus - Secondary Total	23%	57%	18%	1%	1%	0%	237
Kelso High School Total	14%	58%	21%	4%	1%	1%	366
Peebles High School Total	19%	59%	18%	3%	1%	0%	900
Selkirk High School Total	20%	60%	16%	3%	1%	0%	282
Grand Total	18%	60%	18%	3%	1%	1%	4,021

Q4.2. I feel like I have a choice in what I am learning in school	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Berwickshire High School Total	6%	40%	30%	20%	5%	0%	391
Earlston High School Total	8%	32%	31%	23%	6%	1%	763
Eyemouth High School Total	10%	36%	31%	17%	5%	1%	255
Galashiels Academy Total	6%	28%	40%	20%	7%	0%	367
Hawick High School Total	5%	30%	38%	21%	5%	1%	443
Jedburgh Grammar Campus - Secondary Total	9%	37%	29%	19%	5%	1%	237
Kelso High School Total	6%	33%	28%	25%	7%	2%	365
Peebles High School Total	8%	31%	30%	24%	7%	0%	890
Selkirk High School Total	6%	35%	34%	17%	5%	1%	279
Grand Total	7%	33%	32%	21%	6%	1%	3,990

Q4.3. Getting an education is important to me	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Berwickshire High School Total	41%	47%	8%	2%	1%	1%	391
Earlston High School Total	50%	41%	7%	1%	0%	1%	762
Eyemouth High School Total	40%	46%	12%	1%	0%	1%	257
Galashiels Academy Total	51%	44%	4%	1%	0%	0%	372
Hawick High School Total	47%	41%	9%	2%	0%	1%	446
Jedburgh Grammar Campus - Secondary Total	47%	40%	8%	2%	1%	1%	236
Kelso High School Total	40%	44%	11%	2%	1%	2%	363
Peebles High School Total	45%	44%	9%	1%	1%	0%	896
Selkirk High School Total	43%	46%	10%	0%	1%	0%	278
Grand Total	46%	43%	8%	1%	0%	1%	4,001

Q4.4. My teachers listen to what I have to say	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Berwickshire High School Total	9%	47%	32%	9%	2%	0%	391
Earlston High School Total	12%	52%	28%	5%	2%	1%	763
Eyemouth High School Total	11%	48%	27%	10%	2%	1%	256
Galashiels Academy Total	8%	50%	30%	8%	3%	2%	371
Hawick High School Total	7%	51%	32%	7%	2%	1%	442
Jedburgh Grammar Campus - Secondary Total	16%	42%	33%	5%	3%	1%	236
Kelso High School Total	5%	41%	36%	9%	6%	3%	360
Peebles High School Total	7%	46%	34%	9%	3%	1%	897
Selkirk High School Total	12%	49%	27%	8%	3%	2%	281
Grand Total	9%	48%	31%	8%	3%	1%	3,997

Q4.5. I have an adult to talk to at school if I am worried about something	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Berwickshire High School Total	19%	42%	24%	10%	4%	1%	392
Earlston High School Total	23%	40%	22%	9%	3%	2%	767
Eyemouth High School Total	25%	40%	19%	7%	7%	2%	257
Galashiels Academy Total	23%	40%	23%	5%	6%	2%	372
Hawick High School Total	25%	44%	20%	8%	2%	2%	444
Jedburgh Grammar Campus - Secondary Total	22%	44%	18%	9%	5%	2%	235
Kelso High School Total	16%	40%	25%	10%	5%	4%	365
Peebles High School Total	22%	45%	20%	8%	3%	2%	898
Selkirk High School Total	20%	48%	18%	9%	4%	1%	279
Grand Total	22%	43%	21%	8%	4%	2%	4,009

Q5.1. I feel like my teachers treat me fairly	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Berwickshire High School Total	14%	53%	25%	7%	2%	0%	388
Earlston High School Total	13%	57%	23%	6%	1%	1%	765
Eymouth High School Total	16%	54%	24%	5%	2%	0%	254
Galashiels Academy Total	10%	52%	29%	6%	2%	1%	367
Hawick High School Total	11%	53%	26%	7%	2%	1%	442
Jedburgh Grammar Campus - Secondary Total	15%	47%	29%	6%	3%	0%	236
Kelso High School Total	7%	46%	30%	12%	4%	2%	361
Peebles High School Total	11%	55%	22%	9%	2%	1%	892
Selkirk High School Total	13%	54%	24%	6%	3%	0%	279
Grand Total	12%	53%	25%	7%	2%	1%	3,984

Q5.2. My parents (or carers) really care about my education	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Berwickshire High School Total	54%	38%	5%	1%	1%	1%	388
Earlston High School Total	65%	30%	3%	1%	0%	1%	763
Eymouth High School Total	60%	32%	6%	1%	0%	1%	254
Galashiels Academy Total	70%	26%	4%	0%	0%	0%	364
Hawick High School Total	66%	29%	3%	1%	0%	1%	438
Jedburgh Grammar Campus - Secondary Total	60%	35%	3%	0%	1%	0%	231
Kelso High School Total	56%	38%	5%	1%	0%	1%	360
Peebles High School Total	64%	29%	6%	1%	0%	0%	889
Selkirk High School Total	60%	33%	6%	0%	0%	1%	278
Grand Total	62%	32%	4%	1%	0%	1%	3,965

Q5.3. I feel confident to speak up in class, ask questions and share my opinion	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Berwickshire High School Total	10%	41%	26%	17%	5%	1%	387
Earlston High School Total	14%	39%	26%	15%	5%	1%	761
Eymouth High School Total	16%	35%	23%	17%	9%	1%	253
Galashiels Academy Total	11%	32%	33%	15%	8%	1%	366
Hawick High School Total	11%	38%	29%	15%	7%	1%	440
Jedburgh Grammar Campus - Secondary Total	15%	42%	22%	11%	9%	1%	233
Kelso High School Total	11%	35%	25%	18%	11%	1%	361
Peebles High School Total	14%	43%	23%	13%	5%	1%	890
Selkirk High School Total	17%	38%	24%	13%	6%	1%	277
Grand Total	13%	39%	26%	15%	7%	1%	3,968

Q5.4. Most of the time, I am happy at school	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Berwickshire High School Total	8%	42%	28%	14%	6%	1%	387
Earlston High School Total	11%	41%	29%	13%	5%	1%	764
Eyemouth High School Total	12%	40%	27%	13%	8%	1%	254
Galashiels Academy Total	9%	40%	33%	11%	7%	1%	366
Hawick High School Total	9%	37%	33%	13%	6%	2%	440
Jedburgh Grammar Campus - Secondary Total	13%	39%	29%	12%	6%	2%	233
Kelso High School Total	5%	34%	32%	17%	10%	3%	362
Peebles High School Total	13%	44%	23%	14%	5%	1%	891
Selkirk High School Total	8%	41%	25%	14%	9%	2%	279
Grand Total	10%	40%	28%	13%	6%	2%	3,976

Q5.5. I feel positive about my future	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Berwickshire High School Total	23%	44%	22%	7%	2%	1%	385
Earlston High School Total	20%	46%	24%	7%	2%	1%	762
Eyemouth High School Total	25%	39%	25%	5%	5%	1%	255
Galashiels Academy Total	23%	49%	20%	4%	2%	2%	366
Hawick High School Total	23%	50%	19%	5%	2%	1%	439
Jedburgh Grammar Campus - Secondary Total	26%	50%	15%	3%	5%	2%	234
Kelso High School Total	19%	48%	21%	7%	3%	1%	361
Peebles High School Total	21%	48%	21%	6%	2%	2%	890
Selkirk High School Total	18%	47%	27%	4%	3%	2%	279
Grand Total	22%	47%	22%	5%	3%	2%	3,971

Schoolwork Pressure

Q6. How pressured (stressed) do you feel by the schoolwork you have to do?	1. Not at all	2. A little	3. Some	4. A lot	5. Prefer not to say	Respondents To Question
S1	12%	38%	32%	14%	2%	907
S2	10%	36%	36%	17%	2%	840
S3	7%	31%	38%	22%	2%	842
S4	6%	20%	33%	40%	0%	664
S5	3%	16%	28%	53%	1%	461
S6	6%	19%	30%	44%	1%	285
Grand Total	8%	29%	34%	27%	1%	3,999

Q6. How pressured (stressed) do you feel by the schoolwork you have to do?	1. Not at all	2. A little	3. Some	4. A lot	5. Prefer not to say	Respondents To Question
Berwickshire High School Total	9%	26%	33%	32%	1%	387
Earlston High School Total	5%	27%	37%	30%	1%	767
Eyemouth High School Total	11%	33%	30%	24%	2%	257
Galashiels Academy Total	12%	34%	38%	15%	1%	368
Hawick High School Total	8%	30%	34%	26%	2%	444
Jedburgh Grammar Campus - Secondary Total	9%	32%	34%	22%	2%	234
Kelso High School Total	10%	25%	31%	32%	2%	368
Peebles High School Total	7%	29%	32%	30%	1%	895
Selkirk High School Total	9%	30%	34%	25%	2%	279
Grand Total	8%	29%	34%	27%	1%	3,999

After Leaving School S1 - 4 Only

Q7. Now looking ahead, when do you think you want to leave school / full-time education?	1. I want to leave school as soon as I can (e.g. at the end of S4)	2. I want to continue with my full-time education (e.g. stay on into S5 or go to college)	3. I'm not sure at the moment	4. Prefer not to say	Respondents To Question
S1	7%	57%	34%	1%	901
S2	6%	67%	26%	1%	831
S3	7%	72%	21%	1%	831
S4	11%	71%	17%	1%	649
Grand Total	7%	66%	25%	1%	3212

Q7. Now looking ahead, when do you think you want to leave school / full-time education?	1. I want to leave school as soon as I can (e.g. at the end of S4)	2. I want to continue with my full-time education (e.g. stay on into S5 or go to college)	3. I'm not sure at the moment	4. Prefer not to say	Respondents To Question
Berwickshire High School Total	8%	66%	26%	0%	278
Earlston High School Total	4%	74%	21%	1%	587
Eyemouth High School Total	9%	62%	28%	1%	219
Galashiels Academy Total	5%	63%	30%	2%	342
Hawick High School Total	7%	67%	23%	2%	341
Jedburgh Grammar Campus - Secondary Total	14%	58%	28%	0%	189
Kelso High School Total	15%	55%	29%	1%	295
Peebles High School Total	5%	69%	25%	1%	724
Selkirk High School Total	9%	64%	25%	2%	237
Grand Total	7%	66%	25%	1%	3212

After Leaving Secondary Education

Q8. What do you think you will be doing as soon as you leave secondary education (usually in S4, S5 or S6)?	1. University	3. Apprenticeship or Trade	2. Further Education College	4. Youth Training or Skill Seekers	5. Employment	6. Unemployed	7. Don't know	8. Other	9. Prefer not to say	Respondents To Question
S1	39%	9%	4%	1%	5%	0%	36%	5%	2%	904
S2	45%	11%	6%	1%	3%	0%	29%	4%	1%	836
S3	45%	12%	8%	0%	4%	0%	26%	3%	1%	834
S4	43%	17%	12%	0%	4%	0%	19%	4%	1%	662
S5	51%	16%	6%	0%	5%	0%	17%	2%	2%	460
S6	63%	11%	5%	0%	9%	0%	6%	4%	1%	284
Grand Total	45%	12%	7%	1%	5%	0%	25%	4%	1%	3,980

Q8. What do you think you will be doing as soon as you leave secondary education (usually in S4, S5 or S6)?	1. University	3. Apprenticeship or Trade	2. Further Education College	4. Youth Training or Skill Seekers	5. Employment	6. Unemployed	7. Don't know	8. Other	9. Prefer not to say	Respondents To Question
Berwickshire High School Total	43%	18%	5%	0%	1%	6%	23%	3%	1%	385
Earlston High School Total	53%	10%	5%	1%	0%	5%	22%	3%	1%	765
Eyemouth High School Total	40%	12%	8%	0%	0%	7%	27%	4%	2%	257
Galashiels Academy Total	42%	13%	3%	1%	1%	5%	30%	5%	1%	363
Hawick High School Total	41%	16%	8%	1%	0%	3%	26%	3%	2%	443
Jedburgh Grammar Campus - Secondary Total	39%	19%	11%	0%	0%	5%	23%	2%	1%	233
Kelso High School Total	41%	12%	11%	0%	0%	4%	26%	5%	1%	365
Peebles High School Total	50%	8%	6%	1%	0%	4%	26%	5%	0%	892
Selkirk High School Total	39%	13%	11%	0%	0%	5%	23%	4%	4%	277
Grand Total	45%	12%	7%	1%	0%	5%	25%	4%	1%	3,980

3. Physical Activity

Physical Activity Yesterday

Q9. For this next question, add up all the time you spent doing physical activity yesterday?	1. None	2. Less than half an hour	3. Between half an hour and 1 hour	4. 1 to 2 hours	5. 2 hours or more	6. Prefer not to say	Respondents To Question
S1	5%	7%	19%	31%	34%	4%	907
S2	4%	7%	19%	35%	31%	3%	835
S3	6%	8%	18%	33%	33%	2%	832
S4	8%	9%	21%	31%	29%	2%	655
S5	9%	13%	23%	29%	23%	3%	460
S6	7%	17%	23%	30%	22%	2%	282
Grand Total	6%	9%	20%	32%	30%	3%	3,971

Q9. For this next question, add up all the time you spent doing physical activity yesterday?	1. None	2. Less than half an hour	3. Between half an hour and 1 hour	4. 1 to 2 hours	5. 2 hours or more	6. Prefer not to say	Respondents To Question
Berwickshire High School	11%	10%	21%	29%	26%	4%	379
Earlston High School	5%	8%	21%	33%	31%	2%	762
Eyemouth High School	5%	10%	19%	33%	30%	3%	258
Galashiels Academy	5%	8%	18%	36%	31%	2%	366
Hawick High School	5%	8%	17%	31%	34%	5%	438
Jedburgh Grammar Campus - Secondary	8%	10%	21%	31%	26%	3%	235
Kelso High School	4%	8%	18%	30%	37%	2%	365
Peebles High School	7%	9%	21%	34%	28%	2%	891
Selkirk High School	5%	14%	21%	29%	27%	4%	277
Grand Total	6%	9%	20%	32%	30%	3%	3,971

Free Time Physical Activity

Q10. How often do you usually do any physical activity in your free time (outside school hours) so much that you get out of breath or sweat?	1. Every day	2. 4 to 6 times a week	3. 2 to 3 times a week	4. Once a week	5. At least once a month but not every week	6. Once a month	7. Less than once a month	8. Never	9. Prefer not to say	Respondents To Question
S1	24%	32%	27%	6%	0%	1%	2%	2%	5%	904
S2	21%	33%	28%	8%	2%	0%	2%	2%	5%	836
S3	16%	30%	32%	10%	0%	2%	2%	4%	4%	832
S4	14%	28%	36%	9%	3%	0%	3%	5%	3%	657
S5	12%	25%	34%	14%	5%	0%	2%	4%	4%	461
S6	14%	28%	34%	11%	5%	0%	2%	3%	3%	283
Grand Total	18%	30%	31%	9%	2%	1%	2%	3%	4%	3,973

Q10. How often do you usually do any physical activity in your free time (outside school hours) so much that you get out of breath or sweat?	1. Every day	2. 4 to 6 times a week	3. 2 to 3 times a week	4. Once a week	5. At least once a month but not every week	6. Once a month	7. Less than once a month	8. Never	9. Prefer not to say	Respondents To Question
Berwickshire High School	14%	29%	34%	10%	2%	1%	2%	4%	5%	380
Earlston High School	19%	30%	30%	10%	3%	1%	1%	3%	3%	763
Eyemouth High School	15%	30%	32%	10%	2%	1%	2%	4%	3%	256
Galashiels Academy	21%	26%	30%	11%	1%	1%	4%	2%	5%	365
Hawick High School	18%	26%	35%	7%	1%	0%	1%	5%	7%	442
Jedburgh Grammar Campus - Secondary	19%	33%	24%	10%	3%	0%	4%	3%	5%	235
Kelso High School	19%	33%	29%	6%	1%	1%	2%	4%	5%	365
Peebles High School	16%	33%	32%	8%	2%	1%	2%	2%	3%	890
Selkirk High School	22%	27%	29%	10%	1%	1%	3%	2%	5%	277
Grand Total	18%	30%	31%	9%	2%	1%	2%	3%	4%	3,973

Time Sitting

Outside school hours, how many hours a day do you usually spend sitting (e.g. watching TV, using a computer or mobile phone, travelling in a car or by bus, sitting and talking, eating, studying)? Please be aware that if activities take place at the same time (e.g. watching TV whilst talking) then these only count once.

Sitting Weekdays

Q11.1. Sitting - Weekdays	1. None at all	2. About half an hour a day	3. About 1 hour a day	4. About 2 hours a day	5. About 3 hours a day	6. About 4 hours a day	7. About 5 hours a day	8. About 6 hours a day	9. About 7 hours or more a day	Respondents To Question
S1	1%	5%	14%	21%	22%	15%	10%	6%	5%	870
S2	1%	4%	11%	19%	22%	20%	10%	6%	7%	808
S3	1%	2%	6%	17%	21%	18%	16%	8%	10%	814
S4	1%	2%	8%	20%	21%	19%	13%	6%	10%	647
S5	1%	2%	5%	14%	20%	24%	15%	9%	11%	454
S6	1%	0%	2%	12%	26%	19%	17%	10%	12%	275
Grand Total	1%	3%	9%	18%	22%	19%	13%	7%	8%	3,868

Q11.1. Sitting - Weekdays	1. None at all	2. About half an hour a day	3. About 1 hour a day	4. About 2 hours a day	5. About 3 hours a day	6. About 4 hours a day	7. About 5 hours a day	8. About 6 hours a day	9. About 7 hours or more a day	Respondents To Question
Berwickshire High School	2%	2%	4%	19%	21%	22%	14%	8%	9%	365
Earlston High School	1%	3%	10%	18%	22%	17%	13%	7%	9%	743
Eyemouth High School	0%	4%	10%	18%	22%	20%	13%	5%	7%	253
Galashiels Academy	1%	4%	11%	16%	23%	18%	12%	6%	9%	353
Hawick High School	2%	3%	11%	18%	25%	17%	14%	5%	6%	429
Jedburgh Grammar Campus - Secondary	2%	7%	9%	17%	21%	17%	8%	10%	8%	231
Kelso High School	2%	1%	8%	17%	18%	20%	16%	8%	11%	356
Peebles High School	1%	3%	8%	19%	22%	19%	12%	7%	9%	868
Selkirk High School	1%	4%	9%	21%	20%	17%	10%	9%	7%	270
Grand Total	1%	3%	9%	18%	22%	19%	13%	7%	8%	3,868

Sitting Weekends

Q11.2. Sitting Weekends	1. None at all	2. About half an hour a day	3. About 1 hour a day	4. About 2 hours a day	5. About 3 hours a day	6. About 4 hours a day	7. About 5 hours a day	8. About 6 hours a day	9. About 7 hours or more a day	Respondents To Question
S1	1%	4%	7%	12%	17%	17%	14%	10%	18%	823
S2	2%	2%	5%	12%	15%	16%	16%	13%	19%	765
S3	1%	1%	4%	7%	13%	16%	18%	16%	24%	784
S4	2%	1%	3%	7%	15%	19%	19%	16%	19%	613
S5	1%	1%	4%	7%	11%	17%	18%	17%	24%	433
S6	0%	0%	3%	7%	15%	21%	19%	14%	20%	267
Grand Total	1%	2%	5%	9%	14%	17%	17%	14%	21%	3,685

Q11.2. Sitting Weekends	1. None at all	2. About half an hour a day	3. About 1 hour a day	4. About 2 hours a day	5. About 3 hours a day	6. About 4 hours a day	7. About 5 hours a day	8. About 6 hours a day	9. About 7 hours or more a day	Respondents To Question
Berwickshire High School	2%	1%	3%	6%	12%	20%	18%	12%	27%	347
Earlston High School	0%	1%	5%	9%	16%	18%	16%	16%	19%	705
Eyemouth High School	2%	5%	5%	9%	17%	16%	19%	13%	15%	241
Galashiels Academy	1%	2%	4%	9%	13%	15%	21%	12%	23%	340
Hawick High School	1%	2%	5%	10%	14%	15%	16%	15%	21%	404
Jedburgh Grammar Campus - Secondary	2%	5%	6%	10%	14%	14%	13%	13%	23%	222
Kelso High School	1%	1%	3%	10%	10%	16%	15%	14%	28%	337
Peebles High School	1%	2%	5%	9%	17%	18%	19%	14%	16%	841
Selkirk High School	2%	2%	3%	10%	15%	21%	12%	15%	20%	248
Grand Total	1%	2%	5%	9%	14%	17%	17%	14%	21%	3,685

4. Health and Feeling

General Health

Q12. In general, how would you say your health is?	1. Excellent	2. Good	3. Fair	4. Poor	5. Prefer not to say	Respondents To Question
S1	24%	52%	18%	3%	3%	903
S2	20%	53%	21%	4%	2%	833
S3	18%	51%	25%	5%	2%	827
S4	17%	53%	22%	6%	2%	654
S5	15%	53%	27%	5%	1%	460
S6	20%	58%	18%	2%	2%	281
Grand Total	19%	53%	22%	4%	2%	3958

Q12. In general, how would you say your health is?	1. Excellent	2. Good	3. Fair	4. Poor	5. Prefer not to say	Respondents To Question
Berwickshire High School	13%	55%	25%	3%	4%	371
Earlston High School	18%	56%	21%	4%	2%	758
Eyemouth High School	18%	47%	23%	8%	3%	257
Galashiels Academy	21%	52%	22%	3%	2%	364
Hawick High School	19%	55%	19%	5%	1%	443
Jedburgh Grammar Campus - Secondary	23%	55%	18%	2%	2%	235
Kelso High School	19%	47%	28%	4%	2%	365
Peebles High School	23%	52%	20%	4%	2%	890
Selkirk High School	17%	52%	23%	4%	3%	275
Grand Total	19%	53%	22%	4%	2%	3958

Long-term Health

Q13. Do you have a physical or mental health condition or illness lasting or expected to last 12 months or more?	1. Yes	2. No	3. Prefer not to say	Respondents To Question
S1	11%	74%	15%	887
S2	11%	75%	13%	827
S3	14%	72%	14%	821
S4	15%	70%	14%	656
S5	17%	69%	14%	458
S6	18%	68%	14%	280
Grand Total	14%	72%	14%	3929

Q13. Do you have a physical or mental health condition or illness lasting or expected to last 12 months or more?	1. Yes	2. No	3. Prefer not to say	Respondents To Question
Berwickshire High School	14%	69%	17%	368
Earlston High School	13%	72%	15%	757
Eyemouth High School	17%	67%	16%	255
Galashiels Academy	14%	74%	12%	363
Hawick High School	14%	74%	12%	438
Jedburgh Grammar Campus - Secondary	16%	70%	14%	234
Kelso High School	12%	72%	17%	362
Peebles High School	13%	75%	12%	877
Selkirk High School	12%	72%	17%	275
Grand Total	14%	72%	14%	3929

Attitude to Life

Life is Just Right

Q14.1. My life is just right	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
S1	23%	38%	25%	8%	2%	3%	891
S2	15%	39%	28%	10%	5%	3%	828
S3	12%	40%	30%	13%	4%	2%	822
S4	10%	35%	34%	14%	5%	2%	653
S5	5%	34%	38%	16%	5%	2%	456
S6	11%	30%	41%	13%	3%	2%	282
Grand Total	14%	37%	31%	12%	4%	2%	3932

Q14.1. My life is just right	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Berwickshire High School	9%	38%	36%	10%	4%	3%	369
Earlston High School	12%	35%	34%	14%	3%	2%	760
Eyemouth High School	15%	37%	27%	10%	6%	5%	253
Galashiels Academy	17%	44%	26%	9%	3%	1%	360
Hawick High School	15%	39%	30%	12%	3%	1%	439
Jedburgh Grammar Campus - Secondary	18%	38%	30%	9%	3%	2%	234
Kelso High School	13%	35%	30%	12%	5%	4%	364
Peebles High School	14%	36%	31%	13%	4%	3%	879
Selkirk High School	12%	38%	28%	14%	4%	3%	274
Grand Total	14%	37%	31%	12%	4%	2%	3932

I wish I had a different life

Q14.2. I wish I had a different kind of life	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
S1	4%	12%	21%	26%	32%	4%	883
S2	4%	14%	25%	28%	24%	4%	822
S3	5%	16%	26%	30%	21%	3%	817
S4	7%	18%	30%	26%	16%	2%	650
S5	5%	21%	32%	27%	12%	3%	453
S6	5%	13%	35%	28%	17%	2%	281
Grand Total	5%	15%	27%	28%	22%	3%	3906

Q14.2. I wish I had a different kind of life	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Berwickshire High School	4%	17%	29%	27%	19%	4%	366
Earlston High School	4%	17%	24%	32%	20%	3%	756
Eyemouth High School	6%	15%	28%	22%	26%	4%	253
Galashiels Academy	6%	12%	24%	27%	29%	3%	358
Hawick High School	5%	14%	27%	29%	23%	2%	437
Jedburgh Grammar Campus - Secondary	7%	13%	25%	23%	27%	4%	231
Kelso High School	2%	17%	27%	29%	21%	4%	359
Peebles High School	7%	15%	27%	27%	22%	3%	875
Selkirk High School	3%	17%	33%	24%	20%	3%	271
Grand Total	5%	15%	27%	28%	22%	3%	3906

I have what I want in life

Q14.3. I have what I want in life	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
S1	24%	42%	23%	6%	1%	3%	884
S2	15%	41%	31%	7%	3%	4%	822
S3	13%	39%	30%	12%	3%	2%	819
S4	9%	37%	36%	13%	3%	2%	648
S5	5%	33%	39%	17%	4%	2%	454
S6	11%	34%	38%	13%	2%	2%	281
Grand Total	14%	39%	31%	10%	3%	3%	3908

Q14.3. I have what I want in life	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Berwickshire High School	11%	42%	31%	11%	2%	3%	365
Earlston High School	12%	38%	34%	12%	2%	2%	754
Eyemouth High School	18%	36%	33%	7%	3%	4%	257
Galashiels Academy	18%	37%	32%	10%	2%	1%	355
Hawick High School	16%	38%	32%	8%	4%	2%	436
Jedburgh Grammar Campus - Secondary	15%	49%	23%	7%	3%	3%	232
Kelso High School	13%	36%	33%	10%	4%	4%	360
Peebles High School	14%	38%	29%	13%	3%	3%	877
Selkirk High School	13%	40%	32%	10%	2%	3%	272
Grand Total	14%	39%	31%	10%	3%	3%	3908

5. S1 Health and Wellbeing

S1 Health and Wellbeing Statements

S1 Survey asked different health and wellbeing questions to those asked in the S2-S6 surveys.

S1 Health and Wellbeing Questions	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
S1 Q15.1. In general, I like who I am	22%	46%	22%	8%	2%	820
S1 Q15.2. I am proud of the things I can do	31%	49%	15%	4%	1%	820
S1 Q15.3. When I do something, I try my hardest	26%	45%	23%	5%	1%	823
S1 Q15.4. I feel like I can make decisions in my life	25%	51%	19%	4%	1%	820
S1 Q15.5. Generally, I feel cheerful and I am in a good mood	17%	43%	28%	9%	2%	819
S1 Q15.6. There are lots of things that I worry about in my life	17%	25%	29%	23%	6%	811
S1 Q15.7. Even if I'm having a difficult time, I feel like I will be OK	13%	42%	31%	11%	3%	809

The S1 pupils at Jedburgh Grammar Campus responded to the S2 survey, as a result there are no responses for Jedburgh Grammar Campus for these questions.

S1 Q15.1. In general, I like who I am	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	18%	52%	21%	9%	0%	56
Earlston High School	20%	43%	24%	8%	4%	157
Eyemouth High School	24%	40%	22%	9%	4%	67
Galashiels Academy	29%	47%	16%	7%	1%	107
Hawick High School	23%	43%	24%	8%	2%	119
Jedburgh Grammar Campus - Secondary						0
Kelso High School	19%	45%	25%	9%	1%	77
Peebles High School	21%	49%	22%	6%	2%	189
Selkirk High School	15%	50%	25%	6%	4%	48
Grand Total	22%	46%	22%	8%	2%	820

S1 Q15.2. I am proud of the things I can do	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	26%	56%	12%	4%	2%	57
Earlston High School	34%	44%	16%	4%	1%	158
Eyemouth High School	34%	48%	13%	4%	0%	67
Galashiels Academy	39%	47%	10%	4%	0%	107
Hawick High School	29%	49%	18%	3%	1%	118
Jedburgh Grammar Campus - Secondary						0
Kelso High School	26%	51%	19%	3%	1%	77
Peebles High School	27%	52%	15%	4%	1%	189
Selkirk High School	26%	51%	19%	2%	2%	47
Grand Total	31%	49%	15%	4%	1%	820

S1 Q15.3. When I do something, I try my hardest	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	20%	50%	23%	5%	2%	56
Earlston High School	27%	46%	20%	5%	1%	158
Eyemouth High School	27%	43%	25%	3%	1%	67
Galashiels Academy	36%	42%	21%	1%	1%	107
Hawick High School	24%	51%	21%	2%	3%	119
Jedburgh Grammar Campus - Secondary						0
Kelso High School	21%	40%	29%	9%	1%	78
Peebles High School	26%	46%	22%	6%	0%	190
Selkirk High School	27%	40%	27%	6%	0%	48
Grand Total	26%	45%	23%	5%	1%	823

S1 Q15.4. I feel like I can make decisions in my life	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	28%	44%	18%	9%	2%	57
Earlston High School	25%	48%	22%	3%	1%	157
Eyemouth High School	29%	41%	25%	3%	1%	68
Galashiels Academy	29%	51%	13%	4%	3%	107
Hawick High School	26%	58%	12%	3%	1%	119
Jedburgh Grammar Campus - Secondary						0
Kelso High School	16%	57%	21%	5%	1%	76
Peebles High School	23%	55%	18%	3%	2%	188
Selkirk High School	27%	40%	29%	4%	0%	48
Grand Total	25%	51%	19%	4%	1%	820

S1 Q15.5. Generally, I feel cheerful and I am in a good mood	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	16%	46%	27%	9%	2%	56
Earlston High School	19%	42%	24%	11%	3%	158
Eyemouth High School	21%	38%	24%	12%	5%	66
Galashiels Academy	21%	48%	24%	5%	3%	107
Hawick High School	14%	50%	30%	4%	2%	118
Jedburgh Grammar Campus - Secondary						0
Kelso High School	14%	32%	38%	13%	3%	78
Peebles High School	16%	43%	30%	10%	2%	189
Selkirk High School	13%	45%	34%	9%	0%	47
Grand Total	17%	43%	28%	9%	2%	819

S1 Q15.6. There are lots of things that I worry about in my life	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	20%	29%	18%	29%	4%	55
Earlston High School	18%	27%	24%	25%	5%	157
Eyemouth High School	17%	21%	26%	29%	8%	66
Galashiels Academy	18%	24%	28%	23%	7%	104
Hawick High School	10%	22%	42%	19%	7%	118
Jedburgh Grammar Campus - Secondary						0
Kelso High School	17%	25%	33%	21%	4%	76
Peebles High School	19%	26%	25%	24%	7%	187
Selkirk High School	19%	29%	38%	13%	2%	48
Grand Total	17%	25%	29%	23%	6%	811

S1 Q15.7. Even if I'm having a difficult time, I feel like I will be OK	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	15%	36%	31%	16%	2%	55
Earlston High School	14%	41%	28%	12%	5%	155
Eyemouth High School	24%	35%	26%	13%	1%	68
Galashiels Academy	10%	50%	30%	8%	1%	105
Hawick High School	11%	41%	40%	6%	2%	117
Jedburgh Grammar Campus - Secondary						0
Kelso High School	12%	36%	31%	19%	3%	78
Peebles High School	11%	45%	30%	10%	4%	184
Selkirk High School	6%	45%	32%	17%	0%	47
Grand Total	13%	42%	31%	11%	3%	809

S1 Feeling Confident

S1 Q16. Over the past 2 weeks, how often have you been feeling confident?	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	18%	52%	21%	9%	0%	56
Earlston High School	20%	43%	24%	8%	4%	157
Eyemouth High School	24%	40%	22%	9%	4%	67
Galashiels Academy	29%	47%	16%	7%	1%	107
Hawick High School	23%	43%	24%	8%	2%	119
Jedburgh Grammar Campus - Secondary						0
Kelso High School	19%	45%	25%	9%	1%	77
Peebles High School	21%	49%	22%	6%	2%	189
Selkirk High School	15%	50%	25%	6%	4%	48
Grand Total	22%	46%	22%	8%	2%	820

6. S2-S6 Health and Wellbeing

S2 –S6 Survey asked the [Warwick-Edinburgh Mental Well-being Scale \(WEMWBS\)](#) questions. The Warwick-Edinburgh Mental Wellbeing scale was developed to enable the monitoring of mental wellbeing in the general population and the evaluation of projects, programmes and policies which aim to improve mental wellbeing. It consists of 14 positively worded items designed to assess: positive affect (optimism, cheerfulness, relaxation) and satisfying interpersonal relationships and positive functioning (energy, clear thinking, self-acceptance, personal development, mastery and autonomy). It is scored by summing the response to each item answered on a 1 to 5 Likert scale ('none of the time', 'rarely', 'some of the time', 'often', 'all of the time'). The table below shows the results for each statement for those pupils in S2 – S6 who responded to the S2 –S6 surveys.

S2-S6 Health and Wellbeing Statements

WEMWBS - Statements (S2 - S6 Surveys)	1. None of the time	2. Rarely	3. Some of the time	4. Often	5. All of the time	Respondents To Question
S2-6 Q15.1. I've been feeling optimistic about the future	4%	18%	41%	29%	7%	2963
S2-6 Q15.2. I've been feeling useful	4%	19%	43%	29%	5%	2967
S2-6 Q15.3. I've been feeling relaxed	5%	24%	37%	28%	6%	2971
S2-6 Q15.4. I've been feeling interested in other people	6%	16%	37%	34%	8%	2942
S2-6 Q15.5. I've had energy to spare	8%	22%	34%	29%	7%	2963
S2-6 Q15.6. I've been dealing with problems well	6%	19%	35%	33%	7%	2953
S2-6 Q15.7. I've been thinking clearly	6%	17%	36%	33%	8%	2966
S2-6 Q16.1. I've been feeling good about myself	6%	19%	34%	33%	8%	2949
S2-6 Q16.2. I've been feeling close to other people	3%	13%	31%	42%	12%	2946
S2-6 Q16.3. I've been feeling confident	7%	21%	34%	30%	7%	2935
S2-6 Q16.4. I've been able to make up my own mind about things	3%	11%	29%	42%	15%	2933
S2-6 Q16.5. I've been feeling loved	2%	6%	23%	42%	27%	2932
S2-6 Q16.6. I've been interested in new things	4%	16%	34%	35%	12%	2932
S2-6 Q16.7. I've been feeling cheerful	4%	15%	38%	34%	8%	2928

The total score ranges from 14 to 70 with higher scores indicating greater wellbeing. WEMWBS scores approximate to a normal distribution, permitting parametric analysis. So the most statistically efficient approach to analysing data is to calculate means and standard deviations and compare results using Students T-test. UK Population norms have been published and can be used as comparators for your scores [\[WEMWBS population norms Health Survey for England 2011\]](#).

The Statistical approach to WEMWBS puts the cut points at plus or minus one standard deviation. This approach puts approximately 15% of the participants into high wellbeing and 15% into low wellbeing categories. Using this approach, UK population samples put score ranges as follows:

UK WEMWBS Score and Grouping		Important Note: These groupings were set before the Covid-19 pandemic and lockdowns.
WEMWBS Score	WEMWBS Group	
60- 70 (15%)	High Wellbeing	
43 – 59 (70%)	Average Wellbeing	
14 – 42 (15%)	Low Wellbeing	

S2-S6 WEMWBS Grouping

WEMWBS Score Grouping	A. High Wellbeing	B. Average Wellbeing	C. Low Wellbeing	Respondents To Question
S2	8%	64%	28%	736
S3	5%	60%	34%	748
S4	5%	54%	41%	606
S5	4%	52%	44%	421
S6	6%	61%	33%	248
Grand Total	6%	59%	35%	2759
UK Average (Pre Covid-19 Pandemic)	15%	70%	15%	

WEMWBS Score Grouping	A. High Wellbeing	B. Average Wellbeing	C. Low Wellbeing	Respondents To Question
Berwickshire High School	2%	59%	39%	273
Earlston High School	6%	58%	36%	537
Eyemouth High School	8%	53%	39%	174
Galashiels Academy	5%	63%	31%	226
Hawick High School	6%	60%	34%	296
Jedburgh Grammar Campus - Secondary	8%	60%	32%	152
Kelso High School	4%	51%	45%	260
Peebles High School	7%	61%	32%	636
Selkirk High School	7%	57%	36%	205
Grand Total	6%	59%	35%	2759
UK Average (Pre Covid-19 Pandemic)	15%	70%	15%	

Will be OK

S2-6 Q17. Please say how much you agree or disagree with this sentence: "Even if I am having a difficult time, I feel like I will be OK"	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
S2	12%	44%	29%	7%	4%	4%	801
S3	12%	43%	29%	10%	4%	3%	805
S4	12%	42%	30%	11%	3%	2%	645
S5	10%	44%	30%	9%	4%	3%	436
S6	14%	48%	27%	7%	1%	3%	260
Grand Total	12%	43%	29%	9%	4%	3%	2947

S2-6 Q17. Please say how much you agree or disagree with this sentence: "Even if I am having a difficult time, I feel like I will be OK"	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Berwickshire High School	9%	45%	31%	9%	3%	3%	292
Earlston High School	10%	46%	29%	10%	3%	4%	580
Eyemouth High School	12%	41%	30%	8%	5%	4%	184
Galashiels Academy	12%	42%	31%	9%	4%	2%	242
Hawick High School	12%	41%	30%	8%	5%	3%	307
Jedburgh Grammar Campus - Secondary	13%	44%	28%	9%	3%	3%	174
Kelso High School	12%	45%	26%	11%	5%	2%	278
Peebles High School	14%	42%	29%	9%	3%	4%	668
Selkirk High School	11%	44%	28%	9%	5%	3%	222
Grand Total	12%	43%	29%	9%	4%	3%	2947

7. Body Image

Q18. Please say how much you agree or disagree with this sentence: "I am happy with my body and the way I look".	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
S1	14%	38%	20%	11%	8%	9%	874
S2	11%	31%	24%	18%	10%	6%	771
S3	10%	31%	24%	17%	13%	5%	789
S4	10%	27%	24%	21%	15%	3%	629
S5	8%	26%	24%	22%	16%	4%	432
S6	9%	29%	29%	19%	10%	4%	275
Grand Total	11%	31%	23%	17%	12%	6%	3770

Q18. Please say how much you agree or disagree with this sentence: "I am happy with my body and the way I look".	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Berwickshire High School	8%	30%	24%	19%	13%	6%	344
Earlston High School	10%	29%	25%	19%	12%	5%	739
Eyemouth High School	14%	27%	23%	15%	14%	7%	243
Galashiels Academy	11%	31%	22%	16%	13%	7%	338
Hawick High School	13%	29%	24%	15%	11%	7%	421
Jedburgh Grammar Campus - Secondary	12%	31%	27%	18%	9%	3%	225
Kelso High School	8%	33%	22%	20%	11%	6%	347
Peebles High School	12%	35%	21%	16%	11%	5%	847
Selkirk High School	10%	32%	26%	17%	11%	5%	266
Grand Total	11%	31%	23%	17%	12%	6%	3770

Q19. Please say how much you agree or disagree with this sentence: "My body and the way I look affects how I feel about myself".	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
S1	13%	30%	25%	17%	8%	7%	859
S2	16%	37%	23%	13%	5%	5%	789
S3	18%	35%	24%	15%	4%	4%	788
S4	17%	38%	27%	12%	5%	2%	635
S5	21%	45%	20%	8%	4%	3%	429
S6	17%	40%	22%	12%	7%	3%	273
Grand Total	17%	36%	24%	14%	6%	4%	3773

Q19. Please say how much you agree or disagree with this sentence: "My body and the way I look affects how I feel about myself".	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	6. Prefer not to say	Respondents To Question
Berwickshire High School	16%	34%	25%	14%	6%	5%	340
Earlston High School	18%	40%	22%	13%	4%	3%	744
Eyemouth High School	20%	28%	25%	13%	7%	7%	243
Galashiels Academy	17%	35%	26%	13%	5%	4%	337
Hawick High School	14%	32%	27%	16%	6%	5%	419
Jedburgh Grammar Campus - Secondary	13%	42%	27%	12%	5%	2%	226
Kelso High School	16%	38%	19%	17%	6%	4%	347
Peebles High School	18%	35%	24%	12%	5%	5%	850
Selkirk High School	14%	39%	22%	13%	6%	6%	267
Grand Total	17%	36%	24%	14%	6%	4%	3773

8. Sleeping

Going to Bed

Q20. When do you usually go to bed if you have to go to school the next morning?	1. Before 9.00 pm	2. At 9.00 pm or later, but before 10.00 pm	3. At 10.00 pm or later, but before 11.00 pm	4. At 11.00 pm or later, but before midnight	5. At midnight or later, but before 1.00 am	6. At 1.00 am or later, but before 2.00 am	7. At 2.00 am or later	8. Prefer not to say	Respondents To Question
S1	8%	35%	32%	12%	5%	2%	2%	3%	883
S2	3%	22%	37%	19%	10%	3%	4%	3%	806
S3	2%	15%	32%	29%	11%	5%	4%	2%	801
S4	1%	10%	29%	32%	13%	7%	5%	2%	639
S5	1%	7%	26%	35%	20%	6%	4%	1%	435
S6	3%	5%	30%	30%	21%	5%	3%	3%	274
Grand Total	4%	18%	32%	24%	12%	5%	4%	2%	3838

Q20. When do you usually go to bed if you have to go to school the next morning?	1. Before 9.00 pm	2. At 9.00 pm or later, but before 10.00 pm	3. At 10.00 pm or later, but before 11.00 pm	4. At 11.00 pm or later, but before midnight	5. At midnight or later, but before 1.00 am	6. At 1.00 am or later, but before 2.00 am	7. At 2.00 am or later	8. Prefer not to say	Respondents To Question
Berwickshire High School	3%	13%	30%	27%	15%	6%	3%	3%	345
Earlston High School	3%	19%	32%	25%	12%	5%	2%	2%	752
Eyemouth High School	7%	21%	31%	17%	10%	5%	7%	2%	251
Galashiels Academy	3%	21%	35%	21%	10%	3%	3%	3%	345
Hawick High School	5%	15%	31%	31%	9%	3%	2%	3%	428
Jedburgh Grammar Campus - Secondary	3%	18%	32%	25%	11%	3%	5%	2%	232
Kelso High School	4%	17%	30%	22%	17%	5%	3%	3%	355
Peebles High School	3%	20%	32%	24%	11%	5%	4%	1%	860
Selkirk High School	2%	20%	30%	23%	9%	6%	5%	4%	270
Grand Total	4%	18%	32%	24%	12%	5%	4%	2%	3838

Waking Up

Q21. When do you usually wake up on school mornings?	1. Before 5.00 am	2. At 5.00 am or later, but before 6.00 am	3. At 6.00 am or later, but before 7.00 am	4. At 7.00 am or later, but before 8.00 am	5. At 8.00 am or later	6. Prefer not to say	Respondents To Question
S1	1%	4%	34%	57%	3%	1%	876
S2	1%	5%	29%	58%	6%	1%	805
S3	2%	4%	27%	61%	6%	0%	800
S4	1%	2%	31%	57%	8%	0%	641
S5	1%	3%	24%	63%	9%	0%	432
S6	1%	2%	24%	61%	11%	1%	273
Grand Total	1%	4%	29%	59%	7%	1%	3827

Q21. When do you usually wake up on school mornings?	1. Before 5.00 am	2. At 5.00 am or later, but before 6.00 am	3. At 6.00 am or later, but before 7.00 am	4. At 7.00 am or later, but before 8.00 am	5. At 8.00 am or later	6. Prefer not to say	Respondents To Question
Berwickshire High School	1%	4%	37%	54%	3%	1%	347
Earlston High School	1%	3%	31%	61%	3%	1%	750
Eyemouth High School	2%	5%	27%	59%	6%	1%	249
Galashiels Academy	1%	4%	24%	64%	6%	0%	345
Hawick High School	0%	2%	28%	63%	6%	0%	426
Jedburgh Grammar Campus - Secondary	1%	4%	32%	53%	8%	2%	230
Kelso High School	2%	6%	25%	56%	10%	1%	353
Peebles High School	1%	3%	30%	58%	7%	0%	857
Selkirk High School	2%	4%	21%	59%	13%	1%	270
Grand Total	1%	4%	29%	59%	7%	1%	3827

Hours Slept Last Night

Q22. How many hours sleep did you have last night?	1. Less than 3 hours	2. 3 to 5 hours	3. 6 to 8 hours	4. 9 to 11 hours	5. 12 to 14 hours	6. 15 hours or more	7. Prefer not to say	Respondents To Question
S1	2%	8%	46%	38%	2%	0%	3%	872
S2	2%	9%	56%	28%	1%	0%	3%	802
S3	1%	12%	64%	21%	1%	1%	2%	797
S4	3%	12%	68%	15%	0%	0%	2%	639
S5	2%	12%	74%	10%	0%	0%	2%	434
S6	1%	12%	73%	12%	0%	0%	1%	273
Grand Total	2%	10%	61%	23%	1%	0%	2%	3817

Q22. How many hours sleep did you have last night?	1. Less than 3 hours	2. 3 to 5 hours	3. 6 to 8 hours	4. 9 to 11 hours	5. 12 to 14 hours	6. 15 hours or more	7. Prefer not to say	Respondents To Question
Berwickshire High School	3%	14%	64%	16%	1%	0%	1%	343
Earlston High School	1%	10%	63%	23%	1%	0%	2%	748
Eyemouth High School	2%	13%	53%	27%	1%	1%	2%	245
Galashiels Academy	1%	12%	58%	25%	1%	0%	3%	342
Hawick High School	1%	6%	65%	22%	2%	1%	3%	427
Jedburgh Grammar Campus - Secondary	2%	9%	58%	25%	2%	1%	3%	234
Kelso High School	3%	10%	58%	26%	1%	0%	3%	352
Peebles High School	2%	10%	61%	25%	1%	0%	1%	857
Selkirk High School	1%	12%	59%	23%	0%	1%	3%	269
Grand Total	2%	10%	61%	23%	1%	0%	2%	3817

9. Eating and Drinking

Hungry

Q26. Some children and young people go to school or to bed hungry. How often does this happen to you?	1. Always	2. Often	3. Sometimes	4. Never	5. Prefer not to say	Respondents To Question
S1	1%	5%	29%	62%	3%	848
S2	2%	6%	26%	64%	2%	785
S3	3%	6%	27%	60%	3%	791
S4	3%	8%	22%	65%	2%	635
S5	1%	3%	22%	69%	4%	429
S6	3%	4%	21%	71%	2%	269
Grand Total	2%	6%	25%	64%	3%	3757

Q26. Some children and young people go to school or to bed hungry. How often does this happen to you?	1. Always	2. Often	3. Sometimes	4. Never	5. Prefer not to say	Respondents To Question
Berwickshire High School	2%	5%	24%	67%	2%	333
Earlston High School	2%	5%	28%	63%	2%	743
Eyemouth High School	2%	7%	23%	61%	6%	247
Galashiels Academy	3%	7%	24%	62%	3%	327
Hawick High School	2%	7%	24%	63%	3%	422
Jedburgh Grammar Campus - Secondary	3%	7%	23%	65%	2%	233
Kelso High School	1%	6%	25%	64%	3%	341
Peebles High School	2%	4%	24%	68%	2%	842
Selkirk High School	3%	7%	32%	55%	3%	269
Grand Total	2%	6%	25%	64%	3%	3757

Weekday Breakfast

S4 Survey did not ask questions about breakfast.

Q23. How often do you usually have breakfast on weekdays (more than a glass of milk or fruit juice)?	1. I never have breakfast during weekdays	2. One or two days	3. Three or four days	4. Every day	5. Prefer not to say	Respondents To Question
S1	16%	11%	11%	58%	4%	876
S2	23%	9%	10%	55%	3%	800
S3	26%	13%	11%	49%	2%	798
S5	28%	13%	13%	45%	2%	435
S6	29%	13%	10%	47%	1%	272
Grand Total	23%	11%	11%	52%	2%	3181

Q23. How often do you usually have breakfast on weekdays (more than a glass of milk or fruit juice)?	1. I never have breakfast during weekdays	2. One or two days	3. Three or four days	4. Every day	5. Prefer not to say	Respondents To Question
Berwickshire High School	24%	13%	11%	49%	3%	263
Earlston High School	21%	11%	11%	55%	2%	644
Eyemouth High School	25%	16%	13%	43%	3%	228
Galashiels Academy	26%	10%	12%	49%	2%	317
Hawick High School	24%	12%	8%	53%	3%	352
Jedburgh Grammar Campus - Secondary	23%	13%	10%	52%	3%	189
Kelso High School	26%	9%	12%	52%	2%	277
Peebles High School	21%	11%	11%	55%	2%	707
Selkirk High School	22%	11%	12%	52%	4%	204
Grand Total	23%	11%	11%	52%	2%	3181

Weekend Breakfast

S4 Survey did not ask questions about breakfast.

Q24. How often do you usually have breakfast at weekends (more than a glass of milk or fruit juice)?	1. I never have breakfast during the weekend	2. I usually have breakfast on only one day of the weekend (Saturday or Sunday)	3. I usually have breakfast on both days of the weekend (Saturday and Sunday)	4. Prefer not to say	Respondents To Question
S1	12%	15%	70%	3%	866
S2	17%	17%	63%	3%	798
S3	20%	22%	56%	2%	798
S5	18%	26%	55%	1%	433
S6	21%	16%	61%	2%	274
Grand Total	17%	19%	62%	2%	3169

Q24. How often do you usually have breakfast at weekends (more than a glass of milk or fruit juice)?	1. I never have breakfast during the weekend	2. I usually have breakfast on only one day of the weekend (Saturday or Sunday)	3. I usually have breakfast on both days of the weekend (Saturday and Sunday)	4. Prefer not to say	Respondents To Question
Berwickshire High School	19%	22%	58%	2%	259
Earlston High School	17%	17%	64%	2%	641
Eyemouth High School	18%	19%	58%	5%	225
Galashiels Academy	18%	22%	58%	2%	315
Hawick High School	18%	18%	61%	3%	350
Jedburgh Grammar Campus - Secondary	19%	15%	63%	4%	189
Kelso High School	23%	16%	58%	3%	278
Peebles High School	12%	20%	66%	2%	705
Selkirk High School	16%	22%	60%	2%	207
Grand Total	17%	19%	62%	2%	3169

Food

S4 Survey did not ask questions about food eating frequency.

Food Item / Frequency	1. Never	2. Once a week or less	3. 2-4 days a week	4. 5-6 days a week	5. At least once a day	Respondents To Question
Q25.1. Fruit	3%	10%	30%	21%	36%	3110
Q25.2. Vegetables	4%	8%	23%	25%	40%	3091
Q25.3. Fruit juice or smoothies	13%	23%	28%	18%	18%	3088
Q25.4. Sweets or chocolate	2%	16%	41%	24%	18%	3099
Q25.5. Cakes or biscuits	6%	34%	36%	15%	9%	3101
Q25.6. Crisps	9%	27%	31%	20%	13%	3108
Q25.7. Chips or fried potatoes	5%	35%	41%	14%	5%	3103
Q25.8. Water	2%	4%	7%	14%	72%	3111
Q25.9. Coke or other soft drinks that contain sugar	15%	31%	31%	13%	10%	3094
Q25.10. Energy drinks (e.g. Red Bull, Lucozade, Monster)	57%	23%	12%	4%	4%	3120

10. Relationship with Adults

Q27.1. Adults are good at listening to what I say	1. Agree	2. Disagree	3. Don't know	Respondents To Question
S1	74%	6%	20%	849
S2	65%	12%	23%	781
S3	61%	16%	23%	787
S4	62%	14%	25%	635
S5	63%	16%	21%	425
S6	61%	16%	23%	266
Grand Total	65%	12%	22%	3743

Q27.1. Adults are good at listening to what I say	1. Agree	2. Disagree	3. Don't know	Respondents To Question
Berwickshire High School	66%	13%	21%	333
Earlston High School	68%	11%	21%	735
Eyemouth High School	65%	9%	26%	245
Galashiels Academy	67%	11%	22%	324
Hawick High School	66%	11%	23%	421
Jedburgh Grammar Campus - Secondary	70%	13%	17%	230
Kelso High School	54%	14%	32%	344
Peebles High School	65%	15%	20%	844
Selkirk High School	63%	11%	26%	267
Grand Total	65%	12%	22%	3743

Q27.2. Adults are good at taking what I say into account	1. Agree	2. Disagree	3. Don't know	Respondents To Question
S1	64%	8%	28%	837
S2	55%	15%	30%	773
S3	52%	20%	28%	780
S4	53%	18%	29%	628
S5	50%	22%	28%	425
S6	52%	19%	29%	267
Grand Total	55%	16%	29%	3710

Q27.2. Adults are good at taking what I say into account	1. Agree	2. Disagree	3. Don't know	Respondents To Question
Berwickshire High School	55%	16%	29%	332
Earlston High School	57%	15%	28%	733
Eyemouth High School	56%	13%	31%	242
Galashiels Academy	58%	13%	28%	321
Hawick High School	58%	13%	29%	411
Jedburgh Grammar Campus - Secondary	57%	16%	27%	228
Kelso High School	51%	15%	35%	336
Peebles High School	54%	20%	26%	840
Selkirk High School	51%	17%	31%	267
Grand Total	55%	16%	29%	3710

11. Strengths and Difficulties Questionnaire (S2-S6)

S1 Survey did not include the Strengths and Difficulties questions. Like the WEMWBS the groupings for the SDQ scored were established before the Covid-19 Pandemic.

The [Strengths and Difficulties Questionnaire \(SDQ\)](#) is a behavioural screening questionnaire for children and adolescents ages 2 through 17 years old, developed by child psychiatrist Robert N. Goodman in the United Kingdom. The SDQ asks 25 questions across five domains.

Domain	SDQ Score
Emotional problems – 5 Questions	These 4 domains are combined to provide a 'Total difficulties score' Each domain has a score
Conduct problems – 5 Questions	
Hyperactivity – 5 Questions	
Peer problems – 5 Questions	
Prosocial – 5 Question	Prosocial score

Total Difficulties score and Prosocial score by Stage

Total Difficulties score	A. Close to Average	B. Slightly Raised	C. High	D. Very High	Respondents To Question
S2	53%	13%	6%	27%	698
S3	50%	18%	8%	24%	732
S4	50%	16%	10%	25%	584
S5	51%	20%	7%	22%	394
S6	58%	19%	7%	16%	238
Grand Total	52%	17%	7%	24%	2646
UK Average (Pre Covid-19 Pandemic)	80%	10%	5%	5%	

Prosocial score	A. Close to Average	B. Slightly Lowered	C. Low	D. Very Low	Respondents To Question
S2	63%	13%	12%	11%	741
S3	60%	15%	12%	13%	760
S4	56%	17%	12%	15%	603
S5	60%	15%	13%	12%	410
S6	68%	16%	11%	6%	247
Grand Total	61%	15%	12%	12%	2761
UK Average (Pre Covid-19 Pandemic)	80%	10%	5%	5%	

Total Difficulties score and Prosocial score by School

Total Difficulties score	A. Close to Average	B. Slightly Raised	C. High	D. Very High	Respondents To Question
Berwickshire High School	48%	18%	10%	24%	261
Earlston High School	55%	17%	7%	21%	522
Eyemouth High School	43%	16%	10%	32%	167
Galashiels Academy	54%	11%	9%	25%	202
Hawick High School	49%	17%	7%	27%	285
Jedburgh Grammar Campus - Secondary	50%	17%	9%	25%	157
Kelso High School	44%	21%	4%	31%	228
Peebles High School	58%	14%	7%	21%	621
Selkirk High School	48%	24%	6%	22%	203
Grand Total	52%	17%	7%	24%	2646

Prosocial score	A. Close to Average	B. Slightly Lowered	C. Low	D. Very Low	Respondents To Question
Berwickshire High School	58%	14%	16%	12%	270
Earlston High School	66%	14%	10%	10%	557
Eyemouth High School	56%	17%	13%	14%	175
Galashiels Academy	55%	14%	13%	17%	211
Hawick High School	57%	21%	13%	9%	291
Jedburgh Grammar Campus - Secondary	61%	16%	10%	13%	165
Kelso High School	51%	16%	18%	16%	232
Peebles High School	67%	12%	10%	10%	646
Selkirk High School	54%	17%	10%	19%	214
Grand Total	61%	15%	12%	12%	2761
UK Average (Pre Covid-19 Pandemic)	80%	10%	5%	5%	

Emotional problems score

Emotional problems score	A. Close to Average	B. Slightly Raised	C. High	D. Very High	Respondents To Question
S2	55%	11%	13%	21%	734
S3	53%	12%	10%	25%	754
S4	51%	11%	10%	28%	609
S5	46%	11%	11%	32%	410
S6	52%	12%	11%	25%	243
Grand Total	52%	11%	11%	26%	2750
UK Average (Pre Covid-19 Pandemic)	80%	10%	5%	5%	

Emotional problems score	A. Close to Average	B. Slightly Raised	C. High	D. Very High	Respondents To Question
Berwickshire High School	45%	9%	15%	31%	271
Earlston High School	51%	12%	11%	25%	549
Eyemouth High School	48%	13%	10%	28%	173
Galashiels Academy	53%	11%	12%	25%	209
Hawick High School	51%	12%	11%	27%	294
Jedburgh Grammar Campus - Secondary	50%	13%	8%	28%	165
Kelso High School	50%	12%	11%	27%	238
Peebles High School	56%	11%	9%	23%	642
Selkirk High School	56%	10%	11%	23%	209
Grand Total	52%	11%	11%	26%	2750
UK Average (Pre Covid-19 Pandemic)	80%	10%	5%	5%	

Conduct problems score

Conduct problems score	A. Close to Average	B. Slightly Raised	C. High	D. Very High	Respondents To Question
S2	71%	11%	8%	10%	725
S3	73%	11%	8%	8%	756
S4	76%	11%	7%	5%	609
S5	83%	10%	4%	3%	410
S6	90%	5%	3%	2%	247
Grand Total	76%	10%	7%	7%	2747
UK Average (Pre Covid-19 Pandemic)	80%	10%	5%	5%	

Conduct problems score	A. Close to Average	B. Slightly Raised	C. High	D. Very High	Respondents To Question
Berwickshire High School	81%	9%	5%	4%	269
Earlston High School	78%	10%	7%	5%	549
Eyemouth High School	67%	11%	8%	14%	173
Galashiels Academy	73%	9%	7%	11%	208
Hawick High School	73%	11%	8%	8%	292
Jedburgh Grammar Campus - Secondary	79%	7%	9%	5%	165
Kelso High School	70%	12%	8%	11%	240
Peebles High School	79%	10%	5%	5%	639
Selkirk High School	75%	12%	8%	5%	212
Grand Total	76%	10%	7%	7%	2747
UK Average (Pre Covid-19 Pandemic)	80%	10%	5%	5%	

Hyperactivity score

Hyperactivity Score	A. Close to Average	B. Slightly Raised	C. High	D. Very High	Respondents To Question
S2	55%	12%	12%	21%	727
S3	53%	13%	11%	24%	754
S4	54%	13%	10%	23%	605
S5	57%	15%	8%	20%	410
S6	59%	9%	13%	19%	244
Grand Total	55%	13%	11%	22%	2740
UK Average (Pre Covid-19 Pandemic)	80%	10%	5%	5%	

Hyperactivity Score	A. Close to Average	B. Slightly Raised	C. High	D. Very High	Respondents To Question
Berwickshire High School	52%	14%	12%	23%	271
Earlston High School	58%	12%	10%	20%	544
Eyemouth High School	50%	13%	13%	24%	173
Galashiels Academy	54%	15%	10%	20%	211
Hawick High School	57%	13%	10%	20%	291
Jedburgh Grammar Campus - Secondary	56%	9%	12%	24%	163
Kelso High School	47%	15%	11%	27%	237
Peebles High School	56%	10%	10%	23%	639
Selkirk High School	54%	17%	9%	19%	211
Grand Total	55%	13%	11%	22%	2740
UK Average (Pre Covid-19 Pandemic)	80%	10%	5%	5%	

Peer problem score

Peer problems score	A. Close to Average	B. Slightly Raised	C. High	D. Very High	Respondents To Question
S2	54%	18%	11%	16%	730
S3	61%	15%	11%	13%	757
S4	53%	19%	10%	18%	609
S5	58%	17%	12%	13%	406
S6	57%	20%	11%	11%	244
Grand Total	57%	17%	11%	15%	2746
UK Average (Pre Covid-19 Pandemic)	80%	10%	5%	5%	

Peer problems score	A. Close to Average	B. Slightly Raised	C. High	D. Very High	Respondents To Question
Berwickshire High School	47%	22%	17%	15%	268
Earlston High School	61%	17%	12%	11%	546
Eyemouth High School	51%	19%	10%	21%	172
Galashiels Academy	58%	15%	9%	18%	210
Hawick High School	54%	18%	11%	16%	293
Jedburgh Grammar Campus - Secondary	52%	19%	12%	17%	164
Kelso High School	50%	19%	12%	19%	240
Peebles High School	65%	15%	8%	12%	640
Selkirk High School	52%	19%	12%	17%	213
Grand Total	57%	17%	11%	15%	2746
UK Average (Pre Covid-19 Pandemic)	80%	10%	5%	5%	

12. Electronic Devices and the Internet

Access to Internet

Q33. Do you have access to the internet at home, on a phone, or another device?	1. Yes	2. No	3. Prefer not to say	Respondents To Question
S1	99%	0%	1%	854
S2	99%	0%	0%	747
S3	99%	0%	0%	766
S4	99%	0%	0%	623
S5	99%	0%	0%	421
S6	99%	0%	1%	262
Grand Total	99%	0%	0%	3673

Q33. Do you have access to the internet at home, on a phone, or another device?	1. Yes	2. No	3. Prefer not to say	Respondents To Question
Berwickshire High School	99%	0%	1%	324
Earlston High School	100%	0%	0%	729
Eyemouth High School	99%	0%	1%	242
Galashiels Academy	100%	0%	0%	308
Hawick High School	98%	1%	1%	418
Jedburgh Grammar Campus - Secondary	100%	0%	0%	229
Kelso High School	99%	0%	0%	326
Peebles High School	100%	0%	0%	835
Selkirk High School	99%	1%	0%	262
Grand Total	99%	0%	0%	3673

Time on Internet

In your free time, how many hours a day do you usually spend using electronic devices such as computers, tablets (like iPad) or smart phones?

Weekdays

Q34.1. Devices - Weekdays	1. None at all	2. About half an hour	3. About 1 hour a day	4. About 2 hours a day	5. About 3 hours a day	6. About 4 hours a day	7. About 5 hours a day	8. About 6 hours a day	9. About 7 hours or more a day	Respondents To Question
S1	0%	4%	12%	19%	22%	15%	11%	7%	10%	834
S2	0%	2%	7%	14%	23%	22%	14%	7%	11%	737
S3	0%	1%	3%	12%	17%	23%	17%	11%	15%	755
S4	1%	0%	6%	12%	21%	19%	18%	9%	14%	612
S5	0%	0%	2%	10%	18%	26%	19%	10%	13%	416
S6	0%	0%	1%	10%	19%	22%	23%	12%	12%	258
Grand Total	0%	2%	6%	14%	20%	21%	16%	9%	12%	3612

Q34.1. Devices - Weekdays	1. None at all	2. About half an hour	3. About 1 hour a day	4. About 2 hours a day	5. About 3 hours a day	6. About 4 hours a day	7. About 5 hours a day	8. About 6 hours a day	9. About 7 hours or more a day	Respondents To Question
Berwickshire High School	0%	2%	4%	11%	17%	22%	19%	11%	14%	314
Earlston High School	0%	2%	7%	14%	20%	23%	14%	10%	10%	725
Eyemouth High School	1%	1%	6%	15%	24%	18%	14%	9%	13%	239
Galashiels Academy	0%	2%	6%	13%	20%	21%	16%	7%	14%	303
Hawick High School	0%	1%	6%	12%	23%	21%	17%	8%	10%	410
Jedburgh Grammar Campus - Secondary	0%	4%	7%	15%	16%	21%	13%	11%	12%	226
Kelso High School	1%	1%	5%	11%	19%	15%	19%	12%	19%	317
Peebles High School	0%	2%	8%	14%	20%	21%	16%	8%	11%	819
Selkirk High School	1%	1%	6%	19%	20%	20%	14%	6%	15%	259
Grand Total	0%	2%	6%	14%	20%	21%	16%	9%	12%	3612

Weekends

Q34.2. Devices -Weekends	1. None at all	2. About half an hour	3. About 1 hour a day	4. About 2 hours a day	5. About 3 hours a day	6. About 4 hours a day	7. About 5 hours a day	8. About 6 hours a day	9. About 7 hours or more a day	Respondents To Question
S1	0%	2%	5%	11%	18%	16%	15%	12%	21%	784
S2	1%	1%	3%	9%	12%	18%	19%	14%	23%	715
S3	0%	1%	1%	5%	10%	14%	20%	17%	32%	733
S4	1%	1%	2%	6%	10%	18%	19%	17%	26%	591
S5	0%	0%	1%	4%	10%	14%	20%	20%	29%	405
S6	0%	0%	1%	7%	8%	20%	21%	19%	25%	252
Grand Total	1%	1%	2%	7%	12%	16%	19%	16%	26%	3480

Q34.2. Devices -Weekends	1. None at all	2. About half an hour	3. About 1 hour a day	4. About 2 hours a day	5. About 3 hours a day	6. About 4 hours a day	7. About 5 hours a day	8. About 6 hours a day	9. About 7 hours or more a day	Respondents To Question
Berwickshire High School	1%	1%	1%	5%	9%	15%	20%	17%	32%	304
Earlston High School	0%	1%	2%	6%	14%	16%	20%	17%	24%	690
Eyemouth High School	1%	3%	3%	7%	11%	21%	19%	13%	23%	229
Galashiels Academy	1%	0%	2%	9%	10%	10%	20%	16%	31%	289
Hawick High School	1%	1%	3%	5%	9%	17%	18%	18%	28%	396
Jedburgh Grammar Campus - Secondary	0%	2%	7%	7%	15%	14%	14%	13%	27%	216
Kelso High School	0%	0%	1%	8%	9%	12%	19%	15%	35%	307
Peebles High School	0%	1%	2%	9%	15%	19%	18%	17%	19%	799
Selkirk High School	2%	1%	2%	10%	13%	18%	16%	13%	25%	250
Grand Total	1%	1%	2%	7%	12%	16%	19%	16%	26%	3480

Internet Activities

Which of the following activities have you done online in the last 2 weeks, even if not very often?

Q35 - Internet Activities (% of all survey respondents)	Q35.1. Watching videos online	Q35.2. Playing games online	Q35.3. Listening to music online	Q35.4. Looking things up to help with schoolwork	Q35.5. Updating your pictures, status or 'story' on social media	Q35.6. Browsing other people's pictures, status or 'stories' on social media	Q35.7. Messaging, chatting or video-chatting using social media	Q35.8. Something else
S1	75%	69%	66%	49%	38%	46%	80%	22%
S2	72%	64%	70%	48%	37%	52%	78%	23%
S3	74%	62%	79%	54%	37%	56%	80%	21%
S4	75%	59%	81%	63%	38%	58%	82%	18%
S5	78%	58%	85%	72%	37%	61%	83%	16%
S6	73%	51%	85%	73%	38%	65%	85%	18%
Grand Total	74%	62%	76%	56%	38%	54%	81%	20%

Q35 - Internet Activities (% of survey respondents)	Q35.1. Watching videos online	Q35.2. Playing games online	Q35.3. Listening to music online	Q35.4. Looking things up to help with schoolwork	Q35.5. Updating your pictures, status or 'story' on social media	Q35.6. Browsing other people's pictures, status or 'stories' on social media	Q35.7. Messaging, chatting or video-chatting using social media	Q35.8. Something else
Berwickshire High School	64%	56%	72%	54%	32%	49%	73%	14%
Earlston High School	81%	68%	83%	68%	42%	64%	87%	22%
Eyemouth High School	76%	65%	77%	58%	45%	55%	83%	22%
Galashiels Academy	68%	61%	66%	47%	37%	49%	72%	23%
Hawick High School	73%	63%	72%	49%	36%	51%	81%	18%
Jedburgh Grammar Campus - Secondary	72%	61%	79%	54%	40%	49%	81%	23%
Kelso High School	72%	61%	74%	49%	36%	54%	77%	25%
Peebles High School	77%	60%	75%	61%	36%	55%	84%	20%
Selkirk High School	78%	63%	78%	46%	38%	50%	79%	19%
Grand Total	74%	62%	76%	56%	38%	54%	81%	20%

Social Media

We are interested in your experience with social media. The term social media refers to social network sites (e.g. Facebook, Instagram) and instant messengers (e.g. WhatsApp, Snapchat, Skype, Facebook messenger). During the past year, have you...

These questions were not asked in the S4 survey.

	Q36.1.regularly found that you can't think of anything but the moment that you will be able to use social media again?	Q36.2.regularly felt dissatisfied because you wanted to spend more time on social media?	Q36.3.often felt bad when you could not use social media?	Q36.4.tried to spend less time on social media, but failed?	Q36.5.regularly neglected other activities (e.g. hobbies, sport) because you wanted to use social media?	Q36.6.regularly had arguments with others because of your social media use?	Q36.7.regularly lied to your parents or friends about the amount of time you spend on social media?	Q36.8.often used social media to escape from negative feelings?	Q36.9.had serious conflict with your parents, brother(s) or sister(s) because of your social media use?
Q36 - Social Media (Not S4)									
S1	17%	14%	16%	28%	12%	14%	10%	36%	7%
S2	14%	13%	16%	30%	11%	14%	13%	36%	9%
S3	13%	15%	19%	31%	13%	15%	9%	39%	9%
S5	6%	9%	10%	30%	10%	8%	8%	40%	6%
S6	9%	6%	9%	36%	12%	3%	7%	33%	4%
Grand Total	13%	13%	16%	30%	12%	13%	10%	37%	8%

	Q36.1.regularly found that you can't think of anything but the moment that you will be able to use social media again?	Q36.2.regularly felt dissatisfied because you wanted to spend more time on social media?	Q36.3.often felt bad when you could not use social media?	Q36.4.tried to spend less time on social media, but failed?	Q36.5.regularly neglected other activities (e.g. hobbies, sport) because you wanted to use social media?	Q36.6.regularly had arguments with others because of your social media use?	Q36.7.regularly lied to your parents or friends about the amount of time you spend on social media?	Q36.8.often used social media to escape from negative feelings?	Q36.9.had serious conflict with your parents, brother(s) or sister(s) because of your social media use?
Q36 - Social Media (Not S4)									
Berwickshire High School	10%	11%	13%	25%	10%	9%	11%	35%	8%
Earlston High School	13%	15%	17%	38%	13%	15%	11%	47%	8%
Eyemouth High School	16%	15%	18%	28%	12%	15%	10%	39%	9%
Galashiels Academy	15%	10%	11%	26%	9%	13%	10%	30%	6%
Hawick High School	18%	16%	16%	32%	12%	13%	10%	33%	8%
Jedburgh Grammar Campus - Secondary	11%	9%	13%	28%	12%	7%	9%	33%	8%
Kelso High School	14%	16%	20%	24%	12%	15%	9%	34%	9%
Peebles High School	10%	10%	15%	29%	11%	11%	10%	37%	7%
Selkirk High School	17%	15%	16%	33%	13%	14%	10%	36%	7%
Grand Total	13%	13%	16%	30%	12%	13%	10%	37%	8%

13. Friends and Loneliness

Close Friends

Q37. How many close friends would you say you have?	1. None	2. One	3. Two	4. Three or more	5. Prefer not to say	Respondents To Question
S1	2%	3%	11%	82%	2%	809
S2	2%	5%	12%	78%	3%	710
S3	1%	4%	11%	82%	2%	741
S4	2%	6%	13%	74%	5%	619
S5	2%	5%	15%	76%	2%	410
S6	2%	4%	16%	76%	2%	249
Grand Total	2%	4%	12%	79%	3%	3538

Q37. How many close friends would you say you have?	1. None	2. One	3. Two	4. Three or more	5. Prefer not to say	Respondents To Question
Berwickshire High School	1%	6%	15%	76%	3%	302
Earlston High School	2%	4%	13%	79%	2%	709
Eyemouth High School	3%	3%	14%	78%	3%	235
Galashiels Academy	1%	4%	12%	81%	2%	289
Hawick High School	2%	4%	13%	78%	3%	402
Jedburgh Grammar Campus - Secondary	1%	6%	12%	77%	4%	223
Kelso High School	2%	6%	17%	72%	3%	309
Peebles High School	1%	3%	9%	85%	2%	807
Selkirk High School	2%	8%	11%	75%	5%	262
Grand Total	2%	4%	12%	79%	3%	3538

Feels Left Out

Q40. How often do you feel left out of things?	1. Hardly ever or never	2. Some of the time	3. Often or always	4. Prefer not to say	Respondents To Question
S1	43%	47%	8%	3%	788
S2	38%	51%	9%	2%	695
S3	45%	45%	9%	1%	731
S4	42%	45%	11%	2%	616
S5	35%	49%	14%	1%	411
S6	38%	49%	11%	2%	247
Grand Total	41%	47%	10%	2%	3488

Q40. How often do you feel left out of things?	1. Hardly ever or never	2. Some of the time	3. Often or always	4. Prefer not to say	Respondents To Question
Berwickshire High School	39%	48%	11%	2%	295
Earlston High School	40%	50%	9%	1%	702
Eyemouth High School	39%	44%	13%	3%	231
Galashiels Academy	39%	51%	8%	2%	283
Hawick High School	42%	46%	9%	2%	398
Jedburgh Grammar Campus - Secondary	47%	40%	11%	2%	217
Kelso High School	40%	46%	12%	3%	301
Peebles High School	44%	46%	9%	1%	801
Selkirk High School	34%	51%	12%	4%	260
Grand Total	41%	47%	10%	2%	3488

Feeling Lonely

Q41. How often do you feel lonely?	1. Hardly ever or never	2. Some of the time	3. Often or always	4. Prefer not to say	Respondents To Question
S1	49%	36%	12%	3%	762
S2	44%	36%	17%	2%	679
S3	43%	38%	17%	2%	720
S4	41%	39%	18%	2%	604
S5	37%	41%	21%	1%	406
S6	39%	45%	15%	1%	246
Grand Total	43%	38%	16%	2%	3417

Q41. How often do you feel lonely?	1. Hardly ever or never	2. Some of the time	3. Often or always	4. Prefer not to say	Respondents To Question
Berwickshire High School	38%	43%	17%	1%	292
Earlston High School	39%	41%	18%	2%	693
Eyemouth High School	43%	30%	22%	4%	223
Galashiels Academy	44%	39%	15%	3%	273
Hawick High School	48%	37%	12%	3%	385
Jedburgh Grammar Campus - Secondary	48%	36%	15%	1%	209
Kelso High School	38%	39%	20%	2%	297
Peebles High School	49%	36%	13%	2%	787
Selkirk High School	40%	40%	18%	2%	258
Grand Total	43%	38%	16%	2%	3417

14. S1-S3 Friendship Statements

The friendship statements were asked in the S1 to S3 surveys.

Q41. How often do you feel lonely?	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
S1-3 Q38.1. I have a lot of fun with my friends	54%	39%	6%	1%	1%	2231
S1-3 Q38.2. I am confident in sharing my opinions with my friends	36%	44%	14%	4%	1%	2221
S1-3 Q38.3. My friends treat me well	39%	45%	14%	1%	1%	2203
S1-3 Q38.4. I feel my friends make me do things I don't want to do	4%	6%	18%	45%	28%	2207
S1-3 Q39.1. If a friend was being bullied, I would help them or tell someone who would help them	51%	40%	7%	1%	1%	2199
S1-3 Q39.2. My friends will help me if I need it	39%	46%	13%	2%	1%	2201
S1-3 Q39.3. I am happy with the friends that I have	53%	37%	9%	1%	1%	2196
S1-3 Q39.4. Most of the time, I have enough money to do the same things as my friends	39%	37%	16%	6%	2%	2191
S1-3 Q39.5. I feel supported by my friends	41%	42%	13%	2%	1%	2193

S1-3 Friendship statements by stage

S1-3 Q38.1. I have a lot of fun with my friends	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
S1	61%	33%	4%	1%	1%	790
S2	50%	42%	6%	1%	1%	704
S3	50%	42%	7%	1%	0%	737
Grand Total	54%	39%	6%	1%	1%	2231

S1-3 Q38.2. I am confident in sharing my opinions with my friends	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
S1	39%	43%	13%	4%	2%	790
S2	33%	45%	16%	5%	2%	704
S3	35%	44%	15%	4%	1%	737
Grand Total	36%	44%	14%	4%	1%	2231

S1-3 Q38.3. My friends treat me well	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
S1	45%	42%	11%	1%	1%	780
S2	36%	46%	17%	1%	1%	690
S3	36%	48%	14%	2%	1%	733
Grand Total	39%	45%	14%	1%	1%	2203

S1-3 Q38.4. I feel my friends make me do things I don't want to do	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
S1	4%	6%	18%	42%	30%	783
S2	3%	8%	17%	45%	27%	692
S3	4%	5%	19%	47%	26%	732
Grand Total	4%	6%	18%	45%	28%	2207

S1-3 Q39.1. If a friend was being bullied, I would help them or tell someone who would help them	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
S1	62%	33%	4%	1%	0%	775
S2	46%	43%	8%	2%	1%	695
S3	45%	45%	8%	1%	1%	729
Grand Total	51%	40%	7%	1%	1%	2199

S1-3 Q39.2. My friends will help me if I need it	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
S1	44%	43%	10%	2%	1%	776
S2	35%	46%	16%	3%	1%	697
S3	36%	49%	13%	2%	1%	728
Grand Total	39%	46%	13%	2%	1%	2201

S1-3 Q39.3. I am happy with the friends that I have	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
S1	60%	31%	7%	1%	1%	776
S2	46%	42%	10%	1%	1%	693
S3	52%	37%	9%	2%	0%	727
Grand Total	53%	37%	9%	1%	1%	2196

S1-3 Q39.4. Most of the time, I have enough money to do the same things as my friends	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
S1	39%	38%	16%	5%	1%	770
S2	39%	37%	16%	7%	2%	694
S3	39%	38%	15%	6%	2%	727
Grand Total	39%	37%	16%	6%	2%	2191

S1-3 Q39.5. I feel supported by my friends	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
S1	49%	39%	9%	2%	1%	774
S2	37%	44%	15%	3%	1%	692
S3	37%	44%	15%	2%	1%	727
Grand Total	41%	42%	13%	2%	1%	2193

S1-3 Friendship statements by School

S1-3 Q38.1. I have a lot of fun with my friends	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	57%	36%	7%	0%	1%	138
Earlston High School	54%	38%	7%	1%	0%	439
Eyemouth High School	49%	42%	7%	1%	1%	186
Galashiels Academy	57%	37%	4%	1%	1%	246
Hawick High School	51%	42%	5%	1%	1%	239
Jedburgh Grammar Campus - Secondary	54%	35%	8%	1%	1%	136
Kelso High School	54%	38%	6%	2%	0%	181
Peebles High School	56%	38%	6%	0%	0%	508
Selkirk High School	47%	44%	5%	2%	1%	158
Grand Total	54%	39%	6%	1%	1%	2231

S1-3 Q38.2. I am confident in sharing my opinions with my friends	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	31%	49%	14%	4%	2%	138
Earlston High School	35%	44%	15%	6%	1%	438
Eyemouth High School	36%	39%	17%	5%	3%	185
Galashiels Academy	34%	45%	17%	4%	0%	246
Hawick High School	34%	46%	14%	5%	1%	235
Jedburgh Grammar Campus - Secondary	42%	42%	12%	2%	2%	137
Kelso High School	29%	48%	16%	4%	2%	180
Peebles High School	43%	42%	12%	3%	1%	505
Selkirk High School	31%	45%	16%	5%	3%	157
Grand Total	36%	44%	14%	4%	1%	2221

S1-3 Q38.3. My friends treat me well	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	41%	46%	11%	1%	1%	138
Earlston High School	39%	45%	14%	2%	0%	434
Eyemouth High School	37%	45%	14%	3%	2%	186
Galashiels Academy	41%	43%	14%	1%	1%	242
Hawick High School	41%	44%	13%	1%	1%	232
Jedburgh Grammar Campus - Secondary	42%	46%	11%	1%	1%	134
Kelso High School	35%	47%	16%	1%	1%	178
Peebles High School	40%	44%	14%	1%	1%	504
Selkirk High School	32%	50%	15%	2%	1%	155
Grand Total	39%	45%	14%	1%	1%	2203

S1-3 Q38.4. I feel my friends make me do things I don't want to do	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	4%	9%	18%	41%	29%	137
Earlston High School	2%	6%	17%	46%	29%	435
Eyemouth High School	1%	7%	19%	41%	31%	181
Galashiels Academy	6%	4%	14%	43%	33%	245
Hawick High School	6%	6%	18%	49%	21%	232
Jedburgh Grammar Campus - Secondary	7%	7%	21%	38%	27%	136
Kelso High School	3%	6%	17%	47%	28%	180
Peebles High School	3%	5%	20%	46%	26%	504
Selkirk High School	3%	11%	17%	45%	24%	157
Grand Total	4%	6%	18%	45%	28%	2207

S1-3 Q39.1. If a friend was being bullied, I would help them or tell someone who would help them	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	54%	39%	4%	1%	1%	134
Earlston High School	53%	39%	7%	1%	0%	435
Eyemouth High School	54%	39%	4%	2%	1%	184
Galashiels Academy	51%	40%	7%	1%	1%	240
Hawick High School	48%	45%	5%	1%	1%	234
Jedburgh Grammar Campus - Secondary	55%	32%	13%	0%	1%	136
Kelso High School	49%	40%	9%	2%	1%	175
Peebles High School	51%	41%	7%	1%	0%	503
Selkirk High School	46%	43%	8%	2%	2%	158
Grand Total	51%	40%	7%	1%	1%	2199

S1-3 Q39.2. My friends will help me if I need it	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	40%	46%	10%	2%	1%	134
Earlston High School	39%	46%	13%	1%	1%	436
Eyemouth High School	42%	40%	15%	2%	1%	184
Galashiels Academy	35%	48%	14%	2%	1%	240
Hawick High School	39%	45%	12%	3%	1%	236
Jedburgh Grammar Campus - Secondary	48%	35%	14%	2%	1%	136
Kelso High School	35%	46%	15%	3%	1%	175
Peebles High School	38%	47%	13%	2%	0%	503
Selkirk High School	37%	52%	7%	4%	1%	157
Grand Total	39%	46%	13%	2%	1%	2201

S1-3 Q39.3. I am happy with the friends that I have	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	57%	33%	7%	3%	0%	134
Earlston High School	51%	36%	10%	1%	1%	432
Eyemouth High School	52%	38%	8%	1%	1%	184
Galashiels Academy	55%	37%	6%	1%	1%	239
Hawick High School	54%	34%	9%	2%	0%	236
Jedburgh Grammar Campus - Secondary	60%	30%	10%	0%	0%	136
Kelso High School	52%	38%	9%	1%	0%	174
Peebles High School	52%	38%	9%	1%	0%	503
Selkirk High School	49%	41%	8%	1%	1%	158
Grand Total	53%	37%	9%	1%	1%	2196

S1-3 Q39.4. Most of the time, I have enough money to do the same things as my friends	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	35%	36%	21%	5%	3%	134
Earlston High School	37%	40%	14%	7%	2%	435
Eyemouth High School	44%	28%	21%	5%	1%	183
Galashiels Academy	43%	38%	13%	5%	2%	240
Hawick High School	44%	38%	13%	4%	1%	232
Jedburgh Grammar Campus - Secondary	42%	38%	15%	3%	2%	135
Kelso High School	32%	41%	17%	8%	2%	175
Peebles High School	41%	37%	14%	7%	1%	502
Selkirk High School	30%	39%	23%	6%	1%	155
Grand Total	39%	37%	16%	6%	2%	2191

S1-3 Q39.5. I feel supported by my friends	1. Strongly agree	2. Agree	3. Neither agree nor disagree	4. Disagree	5. Strongly disagree	Respondents To Question
Berwickshire High School	43%	42%	10%	4%	1%	134
Earlston High School	38%	43%	15%	2%	1%	434
Eyemouth High School	43%	39%	15%	1%	2%	185
Galashiels Academy	43%	41%	12%	2%	2%	241
Hawick High School	45%	39%	10%	3%	2%	231
Jedburgh Grammar Campus - Secondary	48%	35%	14%	3%	1%	136
Kelso High School	42%	41%	14%	3%	1%	174
Peebles High School	39%	45%	13%	2%	0%	502
Selkirk High School	37%	48%	9%	4%	1%	156
Grand Total	41%	42%	13%	2%	1%	2193

15. S1-S3 Bullying

Bullying questions asked in S1, S2 and S3 surveys.

Been Bullied

S1-3 Q42. Have you been bullied in the last year?	1. Yes	2. No	3. Prefer not to say	Respondents To Question
S1	34%	55%	12%	785
S2	28%	63%	9%	694
S3	25%	69%	6%	730
Grand Total	29%	62%	9%	2209

S1-3 Q42. Have you been bullied in the last year?	1. Yes	2. No	3. Prefer not to say	Respondents To Question
Berwickshire High School	26%	63%	10%	134
Earlston High School	29%	63%	8%	436
Eyemouth High School	24%	68%	8%	184
Galashiels Academy	34%	59%	7%	241
Hawick High School	43%	50%	7%	237
Jedburgh Grammar Campus - Secondary	25%	65%	10%	134
Kelso High School	21%	65%	14%	180
Peebles High School	25%	67%	9%	504
Selkirk High School	35%	54%	11%	159
Grand Total	29%	62%	9%	2209

Where Bullied?

S1-3 Q43 - Where have you been bullied? (% of all responses)	S1-3 Q43.1. At school	S1-3 Q43.2. Somewhere else (including on the way to or from school)	S1-3 Q43.3. Online / Social media / gaming platform
S1	26%	8%	10%
S2	20%	6%	7%
S3	20%	7%	10%
Grand Total	22%	7%	9%

S1-3 Q43 - Where have you been bullied? (% of all responses)	S1-3 Q43.1. At school	S1-3 Q43.2. Somewhere else (including on the way to or from school)	S1-3 Q43.3. Online / Social media / gaming platform
Berwickshire High School	14%	4%	7%
Earlston High School	25%	9%	11%
Eyemouth High School	21%	7%	11%
Galashiels Academy	22%	7%	9%
Hawick High School	32%	9%	12%
Jedburgh Grammar Campus - Secondary	21%	5%	10%
Kelso High School	16%	2%	4%
Peebles High School	20%	6%	6%
Selkirk High School	26%	11%	11%
Grand Total	22%	7%	9%

How Bullied?

S1-3 Q44 - How were you bullied? (% of all responses)	S1-3 Q44.1. Name calling	S1-3 Q44.2. Rumours spread	S1-3 Q44.3. Hurtful comments	S1-3 Q44.4. Threats	S1-3 Q44.5. Pictures or videos of you shared with others	S1-3 Q44.6. Embarrassed or made to feel foolish	S1-3 Q44.7. Physically hurt
S1	21%	12%	17%	8%	5%	11%	10%
S2	18%	11%	15%	7%	5%	12%	5%
S3	17%	12%	16%	6%	6%	12%	4%
Grand Total	19%	12%	16%	7%	5%	12%	7%

S1-3 Q44 - How were you bullied? (% of all responses)	S1-3 Q44.1. Name calling	S1-3 Q44.2. Rumours spread	S1-3 Q44.3. Hurtful comments	S1-3 Q44.4. Threats	S1-3 Q44.5. Pictures or videos of you shared with others	S1-3 Q44.6. Embarrassed or made to feel foolish	S1-3 Q44.7. Physically hurt
Berwickshire High School	14%	8%	14%	5%	1%	11%	4%
Earlston High School	23%	14%	16%	7%	6%	13%	7%
Eyemouth High School	17%	13%	16%	7%	9%	14%	7%
Galashiels Academy	20%	14%	18%	11%	7%	13%	8%
Hawick High School	27%	16%	17%	10%	9%	15%	9%
Jedburgh Grammar Campus - Secondary	12%	9%	14%	7%	4%	11%	3%
Kelso High School	12%	7%	11%	4%	4%	5%	4%
Peebles High School	16%	9%	15%	5%	3%	10%	6%
Selkirk High School	24%	14%	23%	7%	5%	16%	9%
Grand Total	19%	12%	16%	7%	5%	12%	7%

Online Bullied?

S1-3 Q45. How often do other children pick on you by sending emails, through messaging or posting something online?	1. Most days	2. About once a week	3. About once a month	4. Every few months	5. Never	6. Prefer not to say	Respondents To Question
S1	5%	7%	8%	16%	51%	13%	257
S2	4%	9%	7%	19%	49%	11%	192
S3	5%	8%	7%	24%	47%	10%	180
Grand Total	5%	8%	7%	19%	49%	12%	629

S1-3 Q45. How often do other children pick on you by sending emails, through messaging or posting something online?	1. Most days	2. About once a week	3. About once a month	4. Every few months	5. Never	6. Prefer not to say	Respondents To Question
Berwickshire High School	9%	0%	0%	37%	46%	9%	35
Earlston High School	2%	7%	12%	22%	43%	13%	125
Eyemouth High School	9%	16%	5%	20%	32%	18%	44
Galashiels Academy	6%	8%	5%	23%	50%	9%	80
Hawick High School	7%	5%	10%	11%	49%	17%	98
Jedburgh Grammar Campus - Secondary	3%	6%	6%	16%	59%	9%	32
Kelso High School	3%	11%	5%	14%	43%	24%	37
Peebles High School	3%	7%	5%	20%	62%	4%	123
Selkirk High School	5%	15%	7%	15%	49%	9%	55
Grand Total	5%	8%	7%	19%	49%	12%	629

Report Bullying?

S1-3 Q46. Did you report the bullying to anyone?	1. Yes	2. No	3. Prefer not to say	Respondents To Question
S1	55%	31%	14%	261
S2	49%	44%	7%	191
S3	50%	39%	12%	179
Grand Total	52%	37%	11%	631

S1-3 Q46. Did you report the bullying to anyone?	1. Yes	2. No	3. Prefer not to say	Respondents To Question
Berwickshire High School	69%	23%	9%	35
Earlston High School	47%	38%	14%	125
Eyemouth High School	44%	47%	9%	45
Galashiels Academy	71%	23%	6%	79
Hawick High School	48%	34%	17%	99
Jedburgh Grammar Campus - Secondary	52%	42%	6%	33
Kelso High School	38%	41%	22%	37
Peebles High School	48%	44%	8%	124
Selkirk High School	52%	39%	9%	54
Grand Total	52%	37%	11%	631

Result of Reporting Bullying

S1-3 Q47. Did reporting the bullying to anyone...?	1. Make the situation better	2. Make the situation worse	3. Nothing changed	4. Prefer not to say	Respondents To Question
S1	57%	9%	25%	10%	141
S2	38%	10%	42%	10%	92
S3	46%	13%	33%	8%	90
Grand Total	48%	10%	32%	9%	323

S1-3 Q47. Did reporting the bullying to anyone...?	1. Make the situation better	2. Make the situation worse	3. Nothing changed	4. Prefer not to say	Respondents To Question
Berwickshire High School	13%	17%	58%	13%	24
Earlston High School	50%	16%	29%	5%	58
Eymouth High School	25%	15%	45%	15%	20
Galashiels Academy	54%	5%	30%	11%	56
Hawick High School	62%	4%	26%	9%	47
Jedburgh Grammar Campus - Secondary	63%	6%	25%	6%	16
Kelso High School	29%	14%	29%	29%	14
Peebles High School	50%	8%	33%	8%	60
Selkirk High School	57%	14%	25%	4%	28
Grand Total	48%	10%	32%	9%	323

Take Part in Bullying

S1-3 Q48. How often have you taken part in bullying another pupil(s) at school in the past couple of months?	1. Not at all	2. Once or twice	3. Around two or three times a month	4. About once a week	5. Several times a week	6. Prefer not to say	Respondents To Question
S1	83%	11%	2%	0%	0%	4%	773
S2	80%	12%	1%	1%	1%	5%	686
S3	82%	11%	1%	1%	1%	4%	725
Grand Total	82%	11%	1%	1%	1%	4%	2184

S1-3 Q48. How often have you taken part in bullying another pupil(s) at school in the past couple of months?	1. Not at all	2. Once or twice	3. Around two or three times a month	4. About once a week	5. Several times a week	6. Prefer not to say	Respondents To Question
Berwickshire High School	83%	11%	2%	0%	0%	4%	132
Earlston High School	81%	12%	2%	1%	0%	4%	434
Eymouth High School	80%	12%	1%	0%	1%	6%	184
Galashiels Academy	85%	10%	2%	0%	1%	2%	237
Hawick High School	83%	12%	0%	0%	0%	4%	232
Jedburgh Grammar Campus - Secondary	80%	14%	0%	0%	1%	5%	132
Kelso High School	81%	8%	3%	1%	2%	5%	175
Peebles High School	83%	12%	1%	1%	0%	4%	500
Selkirk High School	77%	10%	1%	1%	1%	9%	158
Grand Total	82%	11%	1%	1%	1%	4%	2184

Take Part in Online Bullying

S1-3 Q49. In the past couple of months, how often have you taken part in online bullying?	1. I have not bullied another person online in the past couple of months	2. It has happened once or twice	3. Two or three times a month	4. About once a week	5. Several times a week	6. Prefer not to say	Respondents To Question
S1	81%	9%	1%	0%	0%	9%	750
S2	82%	9%	1%	1%	1%	6%	669
S3	84%	8%	1%	0%	1%	5%	720
Grand Total	82%	9%	1%	0%	1%	6%	2139

S1-3 Q49. In the past couple of months, how often have you taken part in online bullying?	1. I have not bullied another person online in the past couple of months	2. It has happened once or twice	3. Two or three times a month	4. About once a week	5. Several times a week	6. Prefer not to say	Respondents To Question
Berwickshire High School	83%	9%	1%	0%	2%	5%	129
Earlston High School	81%	11%	1%	0%	1%	6%	424
Eyemouth High School	81%	10%	1%	0%	1%	6%	176
Galashiels Academy	80%	12%	1%	2%	0%	6%	233
Hawick High School	88%	5%	0%	0%	0%	6%	225
Jedburgh Grammar Campus - Secondary	80%	9%	0%	1%	1%	10%	129
Kelso High School	75%	10%	2%	0%	2%	10%	173
Peebles High School	87%	6%	1%	0%	0%	5%	496
Selkirk High School	81%	8%	1%	1%	1%	8%	154
Grand Total	82%	9%	1%	0%	1%	6%	2139

Support Groups

S1-3 50. Which, if any, of these things have you done in the last year? (% of all responses)	S1-3 Q50.1. Taken part in a buddying/mentoring programme at school	S1-3 Q50.2. Done voluntary work	S1-3 Q50.3. Taken part in a charity event	S1-3 Q50.4. Taken part in a drama / acting / singing / dancing group	S1-3 Q50.5. Taken part in a religious activity	S1-3 Q50.6. Attended a youth organisation	S1-3 Q50.7. Duke of Edinburgh	S1-3 Q50.8. Sports clubs	S1-3 Q50.9. None of the above
S1	8%	17%	19%	20%	7%	19%	1%	56%	12%
S2	6%	20%	19%	18%	5%	13%	0%	53%	14%
S3	4%	29%	16%	12%	5%	11%	23%	52%	20%
Grand Total	6%	22%	18%	17%	6%	14%	8%	54%	15%

S1-3 50. Which, if any, of these things have you done in the last year? (% of all responses)	S1-3 Q50.1. Taken part in a buddying/mentoring programme at school	S1-3 Q50.2. Done voluntary work	S1-3 Q50.3. Taken part in a charity event	S1-3 Q50.4. Taken part in a drama / acting / singing / dancing group	S1-3 Q50.5. Taken part in a religious activity	S1-3 Q50.6. Attended a youth organisation	S1-3 Q50.7. Duke of Edinburgh	S1-3 Q50.8. Sports clubs	S1-3 Q50.9. None of the above
Berwickshire High School	4%	14%	11%	17%	2%	6%	9%	40%	13%
Earlston High School	6%	29%	22%	17%	7%	17%	13%	61%	13%
Eyemouth High School	6%	29%	17%	24%	7%	13%	11%	55%	20%
Galashiels Academy	4%	16%	16%	13%	3%	8%	6%	45%	14%
Hawick High School	4%	14%	16%	13%	3%	18%	1%	47%	22%
Jedburgh Grammar Campus - Secondary	7%	23%	26%	12%	7%	11%	5%	57%	20%
Kelso High School	6%	19%	17%	16%	7%	14%	5%	50%	15%
Peebles High School	7%	23%	17%	21%	7%	18%	9%	62%	13%
Selkirk High School	8%	28%	18%	11%	4%	14%	6%	53%	17%
Grand Total	6%	22%	18%	17%	6%	14%	8%	54%	15%

16. S3, S5, S6 - Gambling

The S3, S5, and S6 surveys asked: Have you spent any of YOUR money on any of the following in the last month? We want to know about games you played yourself.

S356 Q51. Have you spent any of YOUR money on any of the following in the last month?	S356 Gambling Q51.1. Taking part in a lottery for example National Lottery Lotto	S356 Gambling Q51.2. Personally placing a bet at a betting shop for example visiting a bookies to bet on football or horse racing	S356 Gambling Q51.3. Gambling websites or apps where you can win real money or other prizes	S356 Gambling Q51.4. Fruit machines (puggies, slot machines) at an arcade, pub or club	S356 Gambling Q51.5. Private betting with friends for example playing cards or placing a private bet for money on the outcome of an event	S356 Gambling Q51.6. Bingo at a bingo club or somewhere else, for example social club, holiday park	S356 Gambling Q51.7. Visiting a betting shop to play gaming machines	S356 Gambling Q51.8. Visiting a casino to play casino games	S356 Gambling Q51.9. Any other type of gambling	S356 Gambling Q51.10. None of the above	Grand Total
S3	2%	2%	2%	3%	5%	2%	1%	1%	2%	66%	848
S5	1%	1%	1%	2%	5%	1%	0%	0%	1%	69%	468
S6	2%	1%	1%	1%	8%	0%	0%	0%	2%	62%	286
Grand Total	2%	1%	1%	2%	5%	1%	1%	0%	2%	66%	1602

S356 Q51. Have you spent any of YOUR money on any of the following in the last month?	S356 Gambling Q51.1. Taking part in a lottery for example National Lottery Lotto	S356 Gambling Q51.2. Personally placing a bet at a betting shop for example visiting a bookies to bet on football or horse racing	S356 Gambling Q51.3. Gambling websites or apps where you can win real money or other prizes	S356 Gambling Q51.4. Fruit machines (puggies, slot machines) at an arcade, pub or club	S356 Gambling Q51.5. Private betting with friends for example playing cards or placing a private bet for money on the outcome of an event	S356 Gambling Q51.6. Bingo at a bingo club or somewhere else, for example social club, holiday park	S356 Gambling Q51.7. Visiting a betting shop to play gaming machines	S356 Gambling Q51.8. Visiting a casino to play casino games	S356 Gambling Q51.9. Any other type of gambling	S356 Gambling Q51.10. None of the above	Grand Total
Berwickshire High School	1%	0%	0%	2%	5%	1%	0%	0%	1%	57%	183
Earlston High School	2%	1%	1%	3%	5%	1%	0%	0%	1%	70%	336
Eyemouth High School	3%	2%	2%	5%	10%	3%	2%	0%	4%	69%	96
Galashiels Academy	2%	2%	1%	1%	3%	1%	1%	2%	2%	72%	110
Hawick High School	2%	3%	3%	2%	5%	2%	2%	2%	1%	67%	184
Jedburgh Grammar Campus - Secondary	3%	6%	3%	1%	7%	2%	0%	1%	0%	68%	98
Kelso High School	1%	1%	1%	6%	4%	2%	1%	1%	3%	58%	139
Peebles High School	0%	1%	1%	2%	6%	1%	1%	0%	2%	66%	351
Selkirk High School	4%	1%	0%	0%	3%	1%	0%	1%	0%	69%	105
Grand Total	2%	1%	1%	2%	5%	1%	1%	0%	2%	66%	1602

17. Home Life and Caring

Family Meals

Q51. How often do you and the people you live with usually have meals together?	1. Every day	2. Most days	3. About once a week	4. Less than once a week	5. Never	6. Prefer not to say	Respondents To Question
S1	57%	30%	5%	4%	2%	2%	762
S2	55%	32%	5%	3%	3%	2%	678
S3	49%	33%	7%	5%	4%	1%	712
S4	49%	33%	7%	4%	5%	2%	612
S5	42%	36%	10%	5%	6%	1%	407
S6	44%	39%	9%	4%	3%	1%	248
Grand Total	51%	33%	7%	4%	4%	2%	3419

Q51. How often do you and the people you live with usually have meals together?	1. Every day	2. Most days	3. About once a week	4. Less than once a week	5. Never	6. Prefer not to say	Respondents To Question
Berwickshire High School	47%	32%	8%	5%	6%	1%	291
Earlston High School	53%	34%	6%	3%	2%	1%	694
Eyemouth High School	47%	31%	10%	5%	5%	2%	226
Galashiels Academy	53%	28%	7%	8%	3%	1%	273
Hawick High School	49%	33%	8%	4%	5%	1%	395
Jedburgh Grammar Campus - Secondary	56%	29%	5%	5%	3%	2%	207
Kelso High School	47%	34%	6%	5%	5%	3%	296
Peebles High School	51%	34%	6%	4%	4%	2%	782
Selkirk High School	52%	33%	7%	2%	4%	2%	255
Grand Total	51%	33%	7%	4%	4%	2%	3419

Enjoy being with the people you live with

Q52. How often do you enjoy being with the people you live with?	1. Always	2. Often	3. Sometimes	4. Never	5. Prefer not to say	Respondents To Question
S1	51%	36%	10%	1%	2%	764
S2	40%	40%	17%	2%	2%	677
S3	36%	39%	22%	2%	1%	713
S4	33%	42%	22%	2%	2%	610
S5	25%	46%	27%	1%	1%	408
S6	25%	49%	26%	0%	1%	247
Grand Total	38%	40%	19%	1%	1%	3419

Q52. How often do you enjoy being with the people you live with?	1. Always	2. Often	3. Sometimes	4. Never	5. Prefer not to say	Respondents To Question
Berwickshire High School	36%	43%	19%	1%	0%	288
Earlston High School	36%	44%	18%	1%	1%	695
Eyemouth High School	36%	36%	24%	2%	2%	225
Galashiels Academy	43%	36%	16%	2%	2%	269
Hawick High School	43%	35%	20%	1%	1%	395
Jedburgh Grammar Campus - Secondary	46%	36%	15%	0%	2%	211
Kelso High School	31%	44%	21%	2%	2%	297
Peebles High School	35%	43%	20%	1%	1%	782
Selkirk High School	39%	37%	21%	1%	2%	257
Grand Total	38%	40%	19%	1%	1%	3419

People with conditions

Q53. Does anyone who you live with have any of the following?	Q53.1. A disability	Q53.2. A long-term illness	Q53.3. A mental health problem	Q53.4. None of the above	Grand Total
S1	9%	6%	10%	55%	917
S2	7%	6%	13%	50%	843
S3	9%	8%	15%	54%	848
S4	9%	10%	16%	58%	671
S5	9%	9%	21%	53%	468
S6	9%	10%	17%	53%	286
Grand Total	9%	8%	15%	54%	4033

Q53. Does anyone who you live with have any of the following?	Q53.1. A disability	Q53.2. A long-term illness	Q53.3. A mental health problem	Q53.4. None of the above	Grand Total
Berwickshire High School	6%	5%	13%	50%	392
Earlston High School	9%	9%	16%	55%	769
Eyemouth High School	12%	11%	16%	52%	258
Galashiels Academy	8%	5%	14%	47%	373
Hawick High School	9%	7%	14%	57%	449
Jedburgh Grammar Campus - Secondary	10%	11%	17%	57%	237
Kelso High School	8%	6%	15%	51%	370
Peebles High School	7%	6%	12%	58%	903
Selkirk High School	12%	11%	19%	51%	282
Grand Total	9%	8%	15%	54%	4033

In Caring Role

Q54. Do you care for, or look after, someone? For example, because they have a disability, an illness, a drug or alcohol problem, a mental health problem, or problems related to old age.	1. Yes	2. No	3. Prefer not to say	Respondents To Question
S1	20%	69%	11%	741
S2	21%	71%	9%	657
S3	16%	73%	11%	703
S4	13%	78%	9%	607
S5	12%	83%	5%	400
S6	10%	86%	4%	241
Grand Total	16%	75%	9%	3349

Q54. Do you care for, or look after, someone? For example, because they have a disability, an illness, a drug or alcohol problem, a mental health problem, or problems related to old age.	1. Yes	2. No	3. Prefer not to say	Respondents To Question
Berwickshire High School	13%	79%	8%	287
Earlston High School	17%	75%	9%	680
Eyemouth High School	21%	69%	10%	218
Galashiels Academy	20%	70%	10%	270
Hawick High School	18%	72%	10%	390
Jedburgh Grammar Campus - Secondary	23%	71%	6%	203
Kelso High School	15%	75%	10%	286
Peebles High School	13%	80%	7%	765
Selkirk High School	15%	73%	12%	250
Grand Total	16%	75%	9%	3349

Time Caring

Q55. Do you help care for, or look after, them....	1. Every day	2. A couple of times a week	3. Once in a while	4. Prefer not to say	Respondents To Question
S1	36%	37%	19%	9%	152
S2	29%	36%	29%	6%	137
S3	32%	41%	23%	4%	115
S4	36%	32%	25%	8%	76
S5	33%	35%	24%	8%	49
S6	25%	46%	29%	0%	24
Grand Total	33%	37%	24%	7%	553

Q55. Do you help care for, or look after, them....	1. Every day	2. A couple of times a week	3. Once in a while	4. Prefer not to say	Respondents To Question
Berwickshire High School	34%	42%	21%	3%	38
Earlston High School	32%	29%	31%	7%	112
Eyemouth High School	27%	48%	20%	5%	44
Galashiels Academy	30%	41%	24%	6%	54
Hawick High School	35%	32%	25%	8%	72
Jedburgh Grammar Campus - Secondary	43%	40%	13%	4%	47
Kelso High School	41%	28%	26%	4%	46
Peebles High School	23%	42%	24%	12%	101
Selkirk High School	41%	38%	21%	0%	39
Grand Total	33%	37%	24%	7%	553

18. S2, S4 - Smoking and Alcohol

The questions about smoking and alcohol were only asked in the S2 and S4 surveys.

Smoke Tobacco

S24 Q56. How often do you smoke tobacco at present?	1. Every day	2. At least once a week, but not every day	3. Less than once a week	4. I do not smoke	5. Prefer not to say	Respondents To Question
S2	1%	0%	1%	94%	3%	680
S4	2%	2%	3%	88%	4%	608
Grand Total	2%	1%	2%	91%	4%	1288

S24 Q56. How often do you smoke tobacco at present?	1. Every day	2. At least once a week, but not every day	3. Less than once a week	4. I do not smoke	5. Prefer not to say	Respondents To Question
Berwickshire High School	0%	2%	2%	88%	7%	123
Earlston High School	2%	2%	2%	92%	3%	240
Eyemouth High School	3%	0%	1%	93%	3%	76
Galashiels Academy	1%	2%	2%	95%	0%	100
Hawick High School	3%	1%	2%	90%	3%	125
Jedburgh Grammar Campus - Secondary	0%	2%	0%	92%	6%	63
Kelso High School	5%	1%	3%	85%	6%	129
Peebles High School	1%	1%	2%	92%	4%	313
Selkirk High School	1%	1%	2%	95%	2%	119
Grand Total	2%	1%	2%	91%	4%	1288

E-cigarettes / vaping

S24 Q57. How often do you use e-cigarettes / vape at present?	1. Every day	2. At least once a week, but not every day	3. Less than once a week	4. I do not use e-cigarettes / vape	5. Prefer not to say	Respondents To Question
S2	1%	2%	2%	88%	7%	677
S4	6%	4%	6%	77%	7%	610
Grand Total	3%	3%	4%	83%	7%	1287

S24 Q57. How often do you use e-cigarettes / vape at present?	1. Every day	2. At least once a week, but not every day	3. Less than once a week	4. I do not use e-cigarettes / vape	5. Prefer not to say	Respondents To Question
Berwickshire High School	5%	3%	6%	76%	11%	123
Earlston High School	5%	2%	5%	80%	7%	241
Eyemouth High School	3%	0%	0%	91%	7%	75
Galashiels Academy	1%	7%	4%	86%	2%	101
Hawick High School	5%	4%	3%	82%	6%	125
Jedburgh Grammar Campus - Secondary	2%	3%	6%	84%	5%	62
Kelso High School	6%	5%	2%	79%	8%	130
Peebles High School	2%	2%	3%	86%	7%	311
Selkirk High School	2%	2%	4%	88%	4%	119
Grand Total	3%	3%	4%	83%	7%	1287

Alcohol

S24 Q58. How often do you USUALLY have an alcoholic drink?	1. More than once a week	2. About once a week	3. About once a fortnight	4. About once a month	5. Only a few times a year	6. I never drink alcohol now	Respondents To Question
S2	1%	2%	4%	7%	27%	60%	671
S4	2%	14%	11%	17%	23%	32%	609
Grand Total	1%	8%	7%	12%	25%	47%	1280

S24 Q58. How often do you USUALLY have an alcoholic drink?	1. More than once a week	2. About once a week	3. About once a fortnight	4. About once a month	5. Only a few times a year	6. I never drink alcohol now	Respondents To Question
Berwickshire High School	3%	11%	7%	16%	25%	39%	122
Earlston High School	1%	4%	5%	9%	32%	49%	237
Eyemouth High School	1%	1%	7%	16%	21%	53%	75
Galashiels Academy	0%	2%	4%	6%	29%	59%	100
Hawick High School	1%	14%	8%	12%	21%	44%	125
Jedburgh Grammar Campus - Secondary	0%	10%	8%	15%	26%	42%	62
Kelso High School	2%	11%	11%	15%	27%	34%	131
Peebles High School	1%	7%	8%	11%	22%	51%	309
Selkirk High School	3%	7%	8%	13%	24%	46%	119
Grand Total	1%	8%	7%	12%	25%	47%	1280

19. People you can trust and talk to

Trusted Adult to talk to

Q59. Do you have an adult in your life who you can trust and talk to about any personal problems?	1. No, I don't	2. Yes, I sometimes do	3. Yes, I always do	4. Prefer not to say	Respondents To Question
S1	3%	23%	71%	3%	747
S2	6%	28%	62%	4%	676
S3	5%	29%	63%	4%	706
S4	6%	30%	60%	4%	611
S5	7%	34%	56%	3%	405
S6	7%	33%	58%	3%	243
Grand Total	5%	28%	63%	4%	3388

Q59. Do you have an adult in your life who you can trust and talk to about any personal problems?	1. No, I don't	2. Yes, I sometimes do	3. Yes, I always do	4. Prefer not to say	Respondents To Question
Berwickshire High School	7%	31%	59%	3%	287
Earlston High School	6%	26%	64%	4%	688
Eyemouth High School	7%	29%	59%	5%	221
Galashiels Academy	6%	27%	65%	2%	269
Hawick High School	4%	26%	67%	3%	394
Jedburgh Grammar Campus - Secondary	3%	32%	60%	5%	202
Kelso High School	6%	36%	53%	5%	294
Peebles High School	5%	27%	66%	3%	779
Selkirk High School	4%	30%	62%	4%	254
Grand Total	5%	28%	63%	4%	3388

People to talk to about worries

The survey asked “How easy is it for you to talk to any of the following people about things that really bother you?”

Talk to by Stage

Q60.1. Friend(s)	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
S1	78%	18%	4%	730
S2	76%	20%	3%	654
S3	79%	18%	3%	699
S4	73%	23%	4%	599
S5	73%	24%	3%	393
S6	79%	21%	1%	238
Grand Total	76%	20%	4%	3313

Q60.2. Mum / female carer	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
S1	84%	13%	3%	735
S2	77%	21%	2%	655
S3	75%	20%	4%	698
S4	75%	22%	3%	602
S5	68%	29%	3%	396
S6	73%	26%	1%	238
Grand Total	76%	21%	3%	3324

Q60.3. Dad / male carer	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
S1	71%	22%	8%	729
S2	61%	34%	6%	651
S3	58%	33%	9%	696
S4	59%	33%	8%	603
S5	46%	42%	12%	398
S6	53%	41%	7%	236
Grand Total	60%	32%	8%	3313

Q60.4. Brother(s) / Sister(s)	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
S1	50%	36%	14%	730
S2	43%	44%	12%	646
S3	48%	39%	13%	696
S4	48%	40%	12%	591
S5	44%	45%	11%	395
S6	53%	38%	9%	234
Grand Total	47%	40%	12%	3292

Q60.5. Counsellor (someone who is trained to listen and give you advice about your problems or help you manage your feelings)	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
S1	24%	26%	49%	712
S2	21%	36%	44%	638
S3	17%	32%	50%	688
S4	17%	30%	52%	597
S5	15%	33%	52%	389
S6	20%	30%	50%	234
Grand Total	19%	31%	49%	3258

Q60.6. GP or Nurse	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
S1	29%	30%	41%	712
S2	27%	36%	37%	644
S3	23%	37%	40%	688
S4	26%	33%	40%	594
S5	24%	38%	39%	387
S6	29%	40%	30%	230
Grand Total	26%	35%	39%	3255

Q60.7. Teacher(s)	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
S1	40%	50%	11%	721
S2	33%	57%	11%	644
S3	28%	55%	17%	693
S4	26%	61%	13%	595
S5	27%	61%	12%	394
S6	37%	55%	8%	231
Grand Total	32%	56%	12%	3278

Q61.1. Neighbour(s)	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
S1	20%	47%	33%	711
S2	15%	53%	32%	635
S3	16%	50%	34%	687
S4	13%	52%	35%	595
S5	11%	57%	31%	392
S6	13%	59%	28%	235
Grand Total	15%	52%	33%	3255

Q61.2. Youth Worker	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
S1	20%	28%	52%	703
S2	11%	33%	56%	625
S3	10%	30%	60%	685
S4	11%	27%	62%	594
S5	7%	35%	58%	388
S6	9%	30%	62%	233
Grand Total	12%	30%	58%	3228

Q61.3. Other family members (e.g. grandparent(s))	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
S1	68%	24%	8%	718
S2	57%	33%	10%	639
S3	55%	31%	14%	692
S4	53%	36%	11%	598
S5	40%	48%	12%	392
S6	42%	44%	15%	234
Grand Total	55%	34%	11%	3273

Q61.4. Social Worker	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
S1	15%	26%	58%	699
S2	9%	31%	59%	620
S3	8%	26%	66%	684
S4	9%	25%	66%	587
S5	6%	31%	63%	391
S6	6%	25%	70%	231
Grand Total	9%	28%	63%	3212

Q61.5. Another adult you trust	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
S1	65%	23%	13%	713
S2	53%	31%	16%	629
S3	53%	27%	20%	684
S4	52%	27%	21%	593
S5	44%	35%	21%	387
S6	46%	35%	19%	232
Grand Total	54%	28%	18%	3238

Talk to Q61.6. Club or Group leader (e.g. sports coach, girl guides, boys brigade, scouts, etc.)	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
S1	34%	32%	34%	697
S2	26%	37%	36%	623
S3	26%	32%	42%	683
S4	19%	30%	50%	592
S5	17%	31%	52%	391
S6	22%	32%	46%	232
Grand Total	25%	33%	42%	3218

Talk to by School

Q60.1. Friend(s)	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
Berwickshire High School	75%	23%	1%	284
Earlston High School	76%	21%	3%	679
Eyemouth High School	73%	24%	4%	216
Galashiels Academy	81%	16%	3%	265
Hawick High School	77%	19%	4%	391
Jedburgh Grammar Campus - Secondary	74%	22%	5%	195
Kelso High School	73%	22%	5%	276
Peebles High School	78%	19%	3%	763
Selkirk High School	77%	18%	5%	244
Grand Total	76%	20%	4%	3313

Q60.2. Mum / female carer	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
Berwickshire High School	74%	25%	0%	284
Earlston High School	77%	20%	3%	680
Eyemouth High School	72%	25%	3%	214
Galashiels Academy	77%	19%	4%	265
Hawick High School	80%	19%	1%	390
Jedburgh Grammar Campus - Secondary	74%	21%	6%	197
Kelso High School	75%	20%	4%	281
Peebles High School	76%	21%	3%	766
Selkirk High School	81%	17%	3%	247
Grand Total	76%	21%	3%	3324

Q60.3. Dad / male carer	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
Berwickshire High School	57%	36%	7%	285
Earlston High School	56%	37%	8%	682
Eyemouth High School	54%	35%	10%	215
Galashiels Academy	63%	28%	10%	260
Hawick High School	67%	23%	10%	387
Jedburgh Grammar Campus - Secondary	58%	31%	11%	198
Kelso High School	58%	35%	7%	276
Peebles High School	62%	33%	5%	766
Selkirk High School	60%	30%	11%	244
Grand Total	60%	32%	8%	3313

Q60.4. Brother(s) / Sister(s)	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
Berwickshire High School	47%	44%	9%	283
Earlston High School	46%	42%	12%	674
Eyemouth High School	45%	45%	10%	213
Galashiels Academy	47%	40%	13%	262
Hawick High School	49%	37%	14%	387
Jedburgh Grammar Campus - Secondary	50%	34%	16%	195
Kelso High School	38%	48%	14%	278
Peebles High School	51%	37%	12%	759
Selkirk High School	50%	37%	13%	241
Grand Total	47%	40%	12%	3292

Q60.5. Counsellor (someone who is trained to listen and give you advice about your problems or help you manage your feelings)	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
Berwickshire High School	20%	30%	50%	281
Earlston High School	18%	36%	46%	677
Eyemouth High School	15%	40%	46%	210
Galashiels Academy	20%	28%	52%	257
Hawick High School	21%	32%	47%	382
Jedburgh Grammar Campus - Secondary	25%	26%	48%	190
Kelso High School	18%	28%	54%	275
Peebles High School	18%	28%	53%	750
Selkirk High School	23%	31%	46%	236
Grand Total	19%	31%	49%	3258

Q60.6. GP or Nurse	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
Berwickshire High School	25%	38%	37%	282
Earlston High School	23%	39%	38%	671
Eyemouth High School	24%	38%	38%	210
Galashiels Academy	25%	35%	40%	256
Hawick High School	27%	36%	37%	379
Jedburgh Grammar Campus - Secondary	34%	34%	32%	191
Kelso High School	23%	33%	44%	274
Peebles High School	30%	30%	40%	755
Selkirk High School	24%	35%	41%	237
Grand Total	26%	35%	39%	3255

Q60.7. Teacher(s)	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
Berwickshire High School	28%	63%	9%	279
Earlston High School	27%	61%	12%	677
Eyemouth High School	35%	53%	12%	211
Galashiels Academy	33%	53%	14%	257
Hawick High School	35%	52%	13%	380
Jedburgh Grammar Campus - Secondary	37%	48%	14%	194
Kelso High School	22%	64%	15%	277
Peebles High School	36%	54%	10%	762
Selkirk High School	34%	51%	15%	241
Grand Total	32%	56%	12%	3278

Q61.1. Neighbour(s)	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
Berwickshire High School	9%	57%	34%	283
Earlston High School	15%	56%	29%	668
Eyemouth High School	19%	49%	33%	209
Galashiels Academy	17%	52%	31%	254
Hawick High School	18%	47%	35%	378
Jedburgh Grammar Campus - Secondary	19%	44%	37%	194
Kelso High School	10%	53%	37%	276
Peebles High School	16%	52%	32%	752
Selkirk High School	18%	46%	35%	241
Grand Total	15%	52%	33%	3255

Q61.2. Youth Worker	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
Berwickshire High School	8%	30%	62%	284
Earlston High School	10%	33%	57%	658
Eyemouth High School	12%	35%	54%	205
Galashiels Academy	11%	30%	59%	249
Hawick High School	18%	28%	53%	376
Jedburgh Grammar Campus - Secondary	15%	28%	57%	192
Kelso High School	9%	34%	57%	275
Peebles High School	12%	26%	62%	749
Selkirk High School	14%	30%	56%	240
Grand Total	12%	30%	58%	3228

Q61.3. Other family members (e.g. grandparent(s))	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
Berwickshire High School	50%	38%	12%	284
Earlston High School	52%	39%	10%	672
Eyemouth High School	57%	33%	10%	211
Galashiels Academy	59%	31%	10%	252
Hawick High School	64%	27%	9%	383
Jedburgh Grammar Campus - Secondary	53%	32%	14%	194
Kelso High School	53%	35%	13%	278
Peebles High School	53%	34%	13%	754
Selkirk High School	60%	29%	11%	245
Grand Total	55%	34%	11%	3273

Q61.4. Social Worker	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
Berwickshire High School	7%	24%	68%	283
Earlston High School	9%	30%	62%	657
Eyemouth High School	10%	33%	57%	205
Galashiels Academy	9%	29%	62%	250
Hawick High School	10%	27%	63%	371
Jedburgh Grammar Campus - Secondary	15%	25%	60%	187
Kelso High School	10%	30%	60%	275
Peebles High School	9%	24%	67%	746
Selkirk High School	10%	30%	60%	238
Grand Total	9%	28%	63%	3212

Q61.5. Another adult you trust	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
Berwickshire High School	54%	28%	18%	281
Earlston High School	51%	34%	15%	666
Eyemouth High School	57%	30%	13%	211
Galashiels Academy	55%	27%	18%	249
Hawick High School	58%	24%	19%	379
Jedburgh Grammar Campus - Secondary	58%	25%	17%	189
Kelso High School	49%	31%	20%	275
Peebles High School	51%	28%	22%	748
Selkirk High School	60%	25%	15%	240
Grand Total	54%	28%	18%	3238

Talk to Q61.6. Club or Group leader (e.g. sports coach, girl guides, boys brigade, scouts, etc.)	1. Easy	2. Difficult	3. Does not apply to me	Respondents To Question
Berwickshire High School	21%	30%	49%	285
Earlston High School	25%	37%	38%	660
Eyemouth High School	27%	34%	39%	208
Galashiels Academy	27%	30%	43%	248
Hawick High School	26%	30%	44%	374
Jedburgh Grammar Campus - Secondary	27%	28%	46%	188
Kelso High School	19%	37%	44%	276
Peebles High School	28%	31%	41%	746
Selkirk High School	22%	33%	45%	233
Grand Total	25%	33%	42%	3218

20. Where you live

Feels Safe

Q62. Generally speaking, I feel safe in the area where I live...	1. Always	2. Most of the time	3. Sometimes	4. Rarely or Never	5. Prefer not to say	Respondents To Question
S1	66%	26%	6%	1%	1%	746
S2	59%	34%	5%	1%	1%	658
S3	60%	31%	6%	1%	1%	699
S4	58%	32%	7%	2%	1%	605
S5	60%	31%	7%	1%	1%	402
S6	61%	33%	4%	1%	1%	240
Grand Total	61%	31%	6%	1%	1%	3350

Q62. Generally speaking, I feel safe in the area where I live...	1. Always	2. Most of the time	3. Sometimes	4. Rarely or Never	5. Prefer not to say	Respondents To Question
Berwickshire High School	55%	34%	10%	1%	0%	287
Earlston High School	64%	29%	5%	1%	1%	686
Eyemouth High School	52%	36%	8%	2%	1%	217
Galashiels Academy	58%	31%	9%	1%	1%	262
Hawick High School	54%	35%	9%	1%	1%	394
Jedburgh Grammar Campus - Secondary	67%	26%	4%	1%	3%	198
Kelso High School	64%	28%	5%	1%	1%	289
Peebles High School	64%	30%	3%	1%	1%	762
Selkirk High School	61%	30%	7%	1%	2%	255
Grand Total	61%	31%	6%	1%	1%	3350

Good place to live

Q63. Do you think that the area in which you live is a good place to live?	1. Yes, it's good	2. It's OK	3. No, it's not good	4. Prefer not to say	Respondents To Question
S1	76%	23%	1%	0%	745
S2	74%	24%	2%	1%	657
S3	69%	26%	4%	1%	706
S4	64%	30%	5%	1%	600
S5	66%	32%	2%	1%	404
S6	68%	28%	3%	1%	241
Grand Total	70%	27%	3%	1%	3353

Q63. Do you think that the area in which you live is a good place to live?	1. Yes, it's good	2. It's OK	3. No, it's not good	4. Prefer not to say	Respondents To Question
Berwickshire High School	62%	35%	3%	0%	287
Earlston High School	76%	21%	2%	1%	687
Eyemouth High School	62%	34%	4%	1%	220
Galashiels Academy	67%	29%	4%	0%	261
Hawick High School	61%	35%	3%	1%	397
Jedburgh Grammar Campus - Secondary	71%	25%	1%	3%	202
Kelso High School	70%	27%	2%	1%	283
Peebles High School	76%	21%	3%	1%	762
Selkirk High School	69%	28%	2%	1%	254
Grand Total	70%	27%	3%	1%	3353

Outdoor play areas

S12 Q64. Are there places near where you live where you can play outdoors?	1. Yes - lots	2. Yes - some	3. No	4. Prefer not to say	Respondents To Question
S1	70%	28%	2%	0%	735
S2	65%	31%	3%	1%	645
Grand Total	67%	30%	2%	1%	1380

S12 Q64. Are there places near where you live where you can play outdoors?	1. Yes - lots	2. Yes - some	3. No	4. Prefer not to say	Respondents To Question
Berwickshire High School	59%	37%	4%	1%	82
Earlston High School	72%	25%	2%	1%	270
Eyemouth High School	64%	31%	4%	0%	115
Galashiels Academy	66%	31%	3%	0%	157
Hawick High School	55%	42%	2%	1%	164
Jedburgh Grammar Campus - Secondary	74%	25%	0%	1%	73
Kelso High School	63%	33%	4%	1%	110
Peebles High School	76%	22%	2%	0%	309
Selkirk High School	63%	35%	1%	1%	100
Grand Total	67%	30%	2%	1%	1380